

# SPECIAL FOOTBALL PULL-OUT SECTION!

S A C R E D H E A R T U N I V E R S I T Y

## SPECTRUM

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November 17, 1994

### Sex ed policy committee comes under fire

By Jason A. Dalrymple  
Editor-in-Chief

During a Presidential forum last Tuesday, Nov. 8, President Anthony J. Cernera addressed allegations that the committee to form the University's sexual education policy was unnecessary.

One student claimed that Cernera's comments during the forum reflected that a policy was already in mind and that the committee was pointless, according to attendees of the meeting.

The student's concerns rested on the issue of birth control and abortion counseling and their

availability to students on campus according to Cernera and senior class president Maria Poupolo. The Student was unavailable for comment.

Dean of Students Kevin Kelly also faced the same questions raised during the forum.

"Some students have come to me asking why we have the committee if the policy has already been decided," said Kelly.

However, according to Kelly, there is no "hidden policy, as there were," in either his or Cernera's minds.

"The committee is necessary to have open discussions and dialogue about topics pertinent to the

policy," added Kelly. "We need to lay out the cards everyone holds and find the common denominators."

Cernera also expressed that the focus of the committee was not to develop programs, but to work on a statement regarding sexual education.

"We have the committee there to write a statement consistent with the University's mission statement," he said. "There are many procedures in education that can help others make moral decisions."

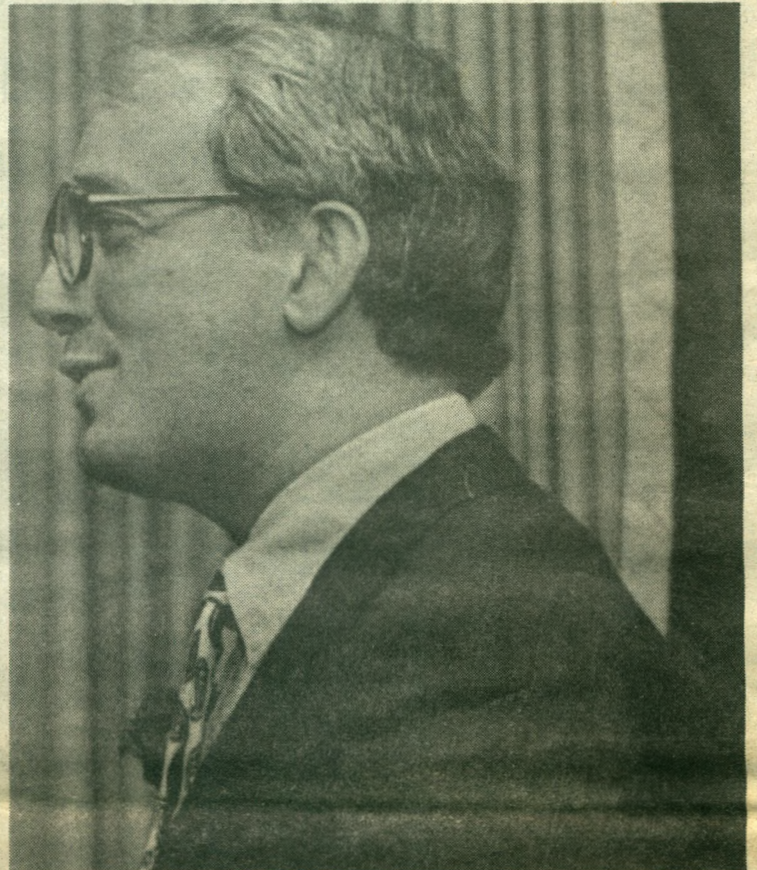
This was Pottle's concern.

"She brought her views from an educational standpoint and was looking for teachings about safe sex and abortion," said Poupolo.

However, Cernera disagrees.

"The sale of condoms in bathrooms and the availability of abortion counseling in the Counseling Center just don't fit," said Cernera.

"The committee needs to use the mission statement as a mirror to ask 'Are we doing this the way



Dr. Anthony J. Cernera

### SHU to co-host 1995 Games

By Erin Harrison  
Staff Writer

Sacred Heart University will host a portion of the 1995 Special Olympics Games from June 28 - July 11. The Games will be held from July 1 through July 9, 1995, at various Connecticut locations.

This will be the ninth Special Olympics World Summer Games for athletes with mental retardation.

The Games will also mark the

largest sports event in the history of the state of Connecticut in addition to being the largest worldwide sporting event to be held in 1995.

The University will be one of several institutions throughout the state that will serve as hosts. Sacred Heart will provide housing, hospitality and communications for athletes and coaches.

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*See Controversy, page 2*

### Gov't pitches reform of student loans

By Marco Buscaglia  
College Press Service

Although receiving financial aid is necessary for many college students, no one says they have to

like it.

Whether they're searching for a lender, waiting for that loan check to clear or filling out their tenth verification form, the jungle of red tape associated with grants and loans is often too much to bear.

Slowly, however, the federal government has been trying to simplify the process. Congress has passed the William D. Ford Federal Direct Loan Program, which will introduce Individual Education Accounts, or IEAs.

"President Clinton campaigned on the issue, both in terms of national service and direct lending," says Madeleine Kunin, U.S. deputy secretary of education.

"One of his goals was to allow students to make different choices with their loans so they wouldn't be burdened down with repayment as soon as they graduated from college."

Similar to a home mortgage, the new plan gives student borrowers a variety of repayment options designed to fit their individual financial situation. These options include:

- Standard Repayment Plan: Borrowers can still choose the standard fixed payment over 10 years.

- Contingent Repayment

Plan: A borrower's monthly payment is based on his or her annual income and loan amount. Since the repayment is a fixed percentage, repayments rise when income goes up and decline when income decreases.

- Extended Repayment Plan: A borrower can extend his or her repayments over 12-30 years depending on the loan amounts.

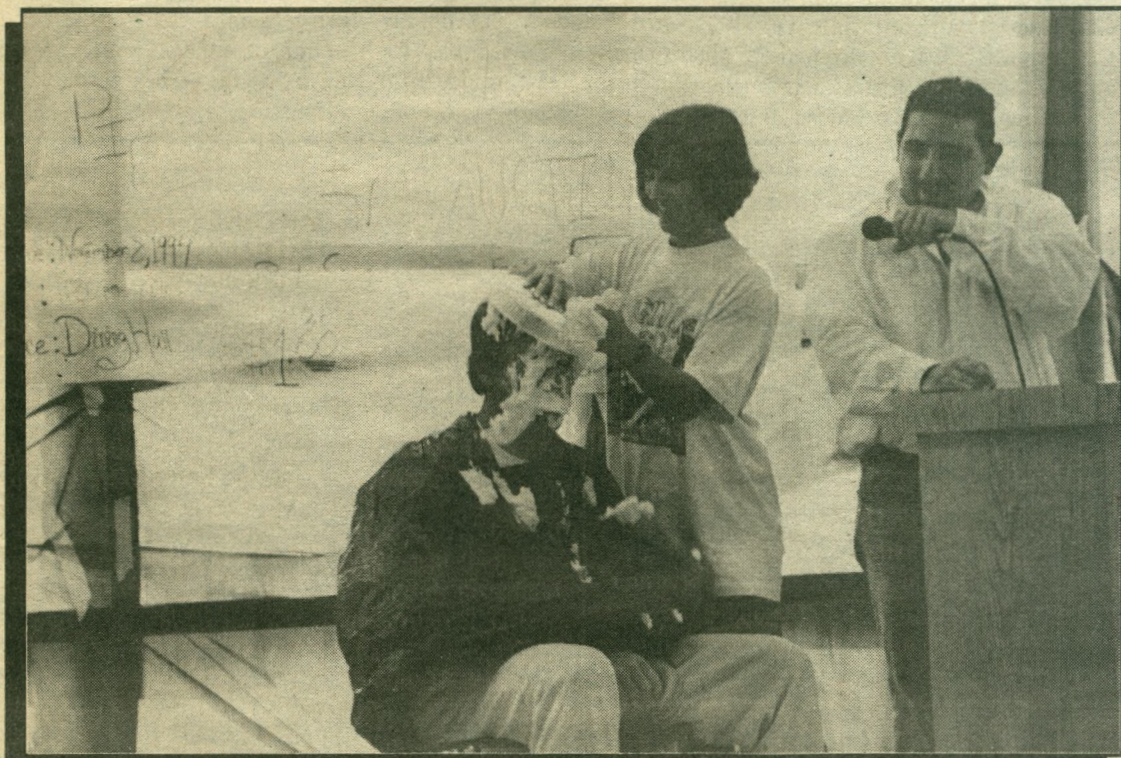
*See Reform, page 2*

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Road to Wellville  
still under construction...page 8

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meal coming  
from?...page 17

Seniors finish season  
on the up and up  
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In your face! Men's baseball coach Nick Giaquinto got the worst of it from Comptroller Lisa Boland during Amnesty International's second annual pie throwing auction last Tuesday, Nov. 8. Senior Marc Capone, who arbitrated the bidding, looks on in with a smile, as Giaquinto went for a high price. Bidding was fierce between Boland and some members of the baseball team, but Boland won out in the end.

Photo by Maddy Dunlap



## NEWS BRIEFS

Compiled by Ritch Flynn

### *S.H.U. sets enrollment records*

The continuing growth of Sacred Heart was recently marked by the highest ever enrollment figures in the University's history.

Much of this growth is attributed to the fact that over 1,000 students currently live on campus. The resident students are considered a factor in Sacred Heart's rising enrollment figures.

"We continue to grow and develop because of the strategic planning process we implemented five years ago," said University President Anthony J. Cernera. "We fully expect to continue our upward climb and strengthen our position as a leading catholic university."

Sacred Heart is currently the third largest catholic university in New England.

### *Open house for computer science masters*

The Master of Science in Computer and Information Science program has scheduled an open house on Tuesday Nov. 29, from 5:30 to 8:30 p.m., in S110 of the Academic Center.

The open house will be used to inform students on the computer science masters program courses and requirements. The masters program was launched in the fall of 1994 and currently offers two graduate level courses.

Dr. Venu Dasigi, the head of the program, will be the host of this event. For further information, contact him at Dept. of Computer Science, Sacred Heart University, 5151 Park Ave., Fairfield CT, 06432-1000.

### *Anxiety workshop*

A free lecture for coping with anxiety will be held in room N221 today at 7:30 p.m. This workshop is open to the public.

Associate psychology professor, Dr. Christina Taylor, will be the host of the workshop. Dr. Taylor is a clinical psychologist who specializes in treating anxiety disorders, phobias, social fears public speaking anxiety, and obsessive-compulsive disorders.

Dr. Taylor's lecture for the workshop is titled, "Living Without Fear: Learning to Cope with Anxiety."

Anyone interested in obtaining more information may contact Dr. Taylor at 371-7723.



Members of the University community work in Bridgeport for Habitat for Humanity recently. This Saturday, another contingency including the S.H.U. honors club will journey down into Park City to continue the fight against homelessness. Vans for the group will leave from in front of the University at 8 a.m. this Saturday

Contributed Photo

## Student Loans: making changes

### *Continued from page 1*

• Graduated Repayment Rate: Borrowers have lower monthly payments initially, with payments increasing every two years over a period of 12-30 years.

Borrowers are free to change their repayment plan if their financial situation changes.

Not everyone agrees that student loan reform should come from the government.

The United State Student Association released a statement opposing the contingent repayment plan, saying that, "for two-thirds

of the borrowers, the payments are lowered so substantially that they don't even cover the monthly interest that is due, resulting in a gradual increase, rather than a decrease, in the amount of outstanding debt for at least one year."

Still, federal officials are confident that they'll be decreasing the number of student borrowers who go into default because of the IEA's flexibility.

The IEA plan is currently being phased into the 104 schools participating in the National Direct Student Loan program.

Under direct lending, the federal government will make loans directly available to students

through schools.

Currently, the federal government provides insurance for loans made by private lenders that are guaranteed by state or non-profit agencies.

And with an IEA, students can consolidate the loans and make one monthly payment.

Graduates with outstanding student loans can take advantage of the new program as well.

"We hope to have the process in place by the beginning of next year," says Kunin. "More than 20 million students and graduates have loans out, so the sooner system is set, the better."

## Controversy: Comments misunderstood

### *Continued from page 1*

we should?" said Kelly. "We need to decide what can and can't be said about AIDS prevention, STDs, birth control and other options."

"She was coming from an education standpoint while Dr. Cernera was speaking from the angle of the mission statement," Poupolo agreed. "Dr. Cernera was

trying to reach an understanding that education and the mission the statement cannot meet."

"There are many things the committee needs to discuss," said Kelly. "What it comes down to is deciding what is and is not acceptable, and the consequences for what is unacceptable."

Cernera added, "It is not my place to make moral decisions for people, but to at least provide them the basis for that judgment."

Currently, one of the only Catholic universities in the area to have a direct statement of their policy on sexual education is Assumption College.

"There are six steps we need to take in order to get to closure on the issue," said Kelly. "I hope that between now and Christmas, we can get some focus, find the scope of impact of the policy, and begin to define the issues pertinent to discussion."

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Senior Patti Dillon (third from the left) addresses a crowd after performing a skit by the Student athlete council for alcohol awareness week. The skit showed the realities of drinking and peer pressure and used dramatic technique to emphasize the problems of drinking. Also pictured are, from left tp right are: Rob Stopkoski, Rich Cercone, Mike Hvizdo, Tara Fischer, and Gina Curtain.

Contributed photo

## Special Olympics: SHU gets involved

*Continued from page 1*

gymnastics, tennis, aquatics and golf.

"The mission of Special Olympics is to provide year-round training and athletic competition in a variety of well-coached, Olympic-type sports for indi-

viduals with mental retardation," states the Special Olympics mission.

"It provides them with continuing opportunities to develop fitness, demonstrate courage, experience joy and participate in the sharing of gifts, skills and friendship with their families, other

Special Olympics athletes and the community."

A Games Management Team Coordinator will be named in the near future along with more details of the events. The University will have more involvement in the 1996 Games cooperatively with Fairfield University.

## OFF-CAMPUS NEWS BRIEFS

Compiled from CPS reports

### Judge Orders Professor Back to Work

DURHAM, N.H. — A University of New Hampshire professor accused of sexual harassment by female students because of questionable classroom comments has been reinstated to his teaching job.

Professor J. Donald Silva was temporarily reinstated by Judge Shane Devine of Federal District Court in Concord, N.H., after the judge said he failed to see proof of intentional verbal sexual harassment on Silva's part. In his order of reinstatement, Devine said that speech considered "verbally outrageous" in a classroom cannot automatically be considered verbal sexual harassment. Devine added that the university would more than likely lose its case against Silva if the matter went to trial.

Silva, who has taught communications at U.N.H. since 1968, was relieved of his teaching duties in April 1993 after several of his female students accused him of verbal sexual harassment for remarks he made in various classes.

According to the students' complaint, Silva compared the focus one needs while writing similar to the focus needed during sex. He also likened belly dancing to "Jell-O on a plate with a vibrator under the plate."

After suspending him without pay, the university ordered Silva to attend counseling sessions on sexual harassment. He refused and sued the school seeking reinstatement, back pay and further damages.

University officials report that the school's legal counsel is currently working to reach a settlement with Silva.

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# Editorial Page

## Catholic question a rhetorical one

Many students must wonder what the point of having a sexual education policy would be on a Catholic campus. Why have a token policy that serves no purpose but to spew Biblical edicts at mindless receptacles?

But that's not what it is. A sexual education policy is needed to prevent scenes like the popping of the AIDS program last Spring.

The policy is needed so that future generations can go confidently into one of those many gray areas of information and feel comfortable and secure in what they say or do to educate.

True, condoms, birth control, and abortion are not part of this discussion. Which they shouldn't be anyway.

Sacred Heart IS a Catholic institution with a Catholic mission statement, a Catholic name, a predominantly Catholic population, and a Catholic Archdiocese determining its ability to function.

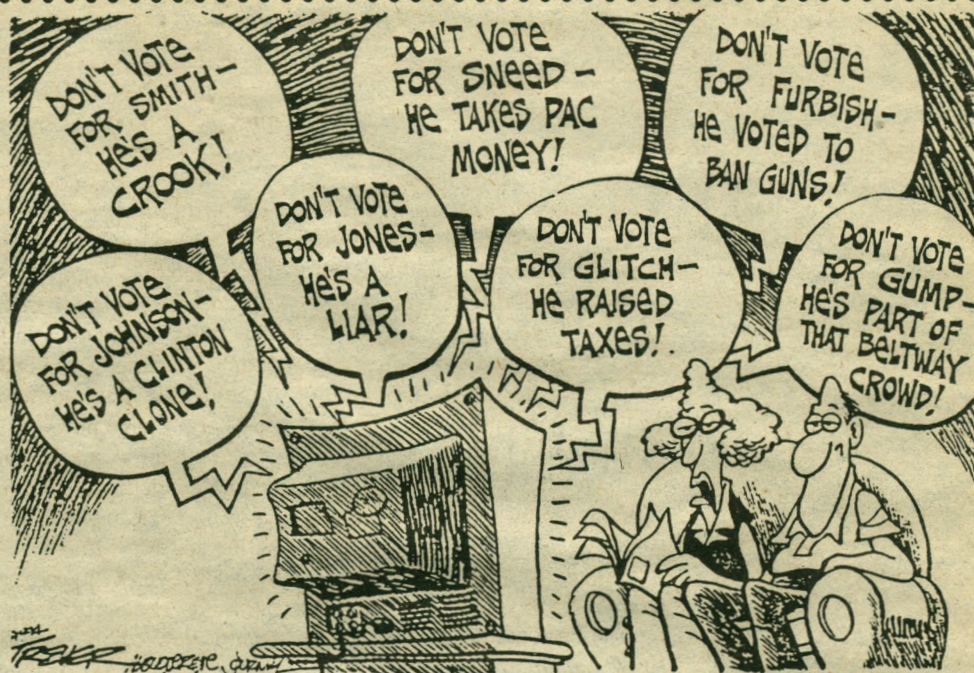
We all knew before we came that the University was Catholic. Now that we realize how Catholic, though, we suddenly find this new moral imperative to keep of with the Jones's of the nineties.

Wrong. Church and state have always been kept separate by law. At Sacred Heart, the church is law. Therefore, the laws must be consistent and thusly Catholic.



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"AND THEY WONDER WHY WE DON'T VOTE...."

## Addicted users equals blatant abusers

By Jason A. Dalrymple  
Editor-in-Chief

A new rave has swept its way through the entire campus. There has not been a rave like this since the last time there was an off-campus event (most of us don't remember that; we were either too young to have been there or too old to even remember by now).

To most, the new rave is called the Internet, but that is a complete fallacy. The actual interest is what's known as the IRC, or internet relay chat. This is not simply a semantic difference, nor just word choice, they're just two different things.

The IRC is a system by which I would imagine by now has spread to about one-third of the students on campus. Not to say that this is a great portion, but it is more than would be expected for such new-fangled, high-technobabble stuff that old farts like me (remember last week?) care to think about.

But then again, it has swept mostly the young (or younger, I'm not trying to say that these people are...oh, nevermind. You know what I mean).

And it is the young only who have the stamina to use it.

Not that it is the most taxing or physically stimulating activity, for to use it, one must only use their fingers and a bit of imagina-

tion (and no, this is not usually reserved for the privacy of one's own home, so get your minds out of the gutter).

Really. I'm not kidding. If one has the power to turn on a terminal and type a few numbers and letters, one is proverbially "in."

And once you're in, you're in for a pretty decent ride.

The world is now at your fingertips. This guy from Australia, this woman from Sweden, another from California, India, Canada, (I hope you're getting the picture by now) and a plethora of other areas most of us probably would need extra time to find on a map.

So, here we all sit, in front of amber screens, visions of these fabulous people from all parts talking to us over the internet relay chat. No harm here, right?

Well, it's not all fun and games. The IRC is kind of like cigarettes or a lost cause; you try to quit, but try for nought. In other words, it's addictive.

I heard two people coming out of the computer lab that had some startling news.

(Mind you, this is around 9:30 p.m., and I was just coming in. Usually, I'm in earlier, but that's not the point.)

"You know," said one to the other, "I've been on that damn thing since after dinner!"

Mind you, the latest one could feasibly have finished dinner is around 7:30 p.m., and I doubt she had waited until 7:00 to eat.

But this is not the worst case scenario. I know one person who I would guess on the average spends between three and four

hours of their day in front of the screens so innocently sitting at the back of the lab.

I think we need a support group for these people (myself included, there are many witnesses to my vegetation, but never to the IRC). But the problem is, what do we call it?

IRCA? No, that sounds too much like a group of old, disgruntled owners of foreign made televisions that have finally bit the big one.

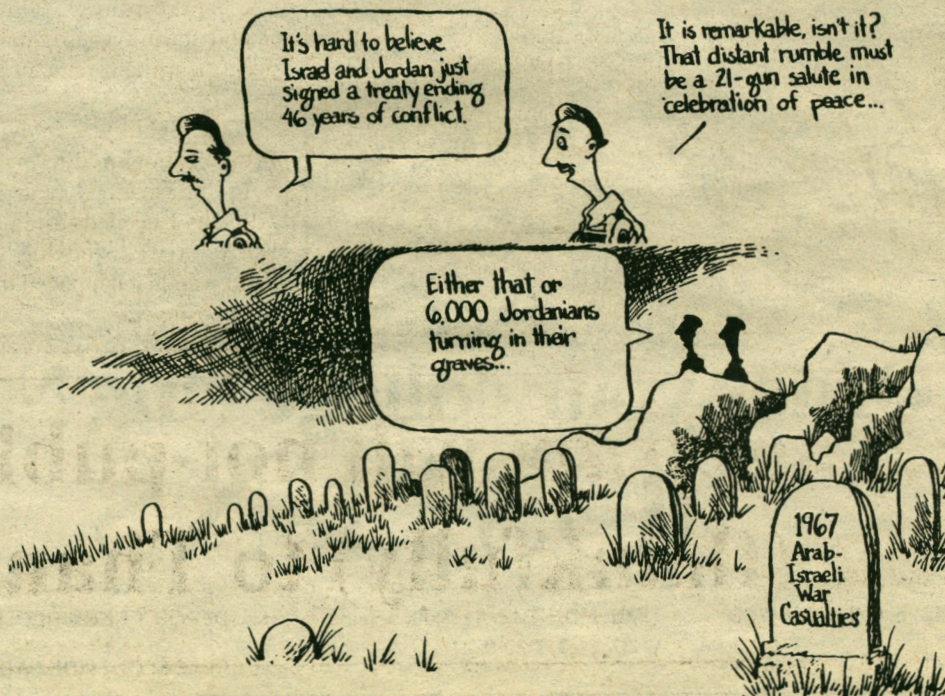
How about IA? No, shop class was never the most pleasant memory for anyone.

How about abusers? Flat out abusers. Abusers of a system that was meant for education. For every one person using the internet relay chat, 9% of the resources of the computers of this University are tied up in the often pointless drivel that goes on on such channels as "netsex" and "chatzone" (like local bars, those are frequent areas of congregation).

So if 11 people are using IRC, 99% of the computer's resources are being used. So what?

Well, what that does is prevent those trying to secure grants, scholarships, and information relevant to the entire University community from getting them. So what?

Well, think about it next time you go to financial aid and find yourself \$1000 in the hole. Or the class you wanted to take can't be offered because the funding wasn't there. Was the conversation with Fred or Jane from somewhere out there worth your education? Think about it.





# NEWS FROM TULSA

By Chris Nicholson  
Contributing Editor

I was once driving home a friend of my sister's, and as we turned through a curve on Interstate 95 we could see the dim, charcoal silhouette of downtown New Haven against a pale orange morning sky. He said, "Ya know, I love this sight. No matter where I go in the world, when I see the skyline of New Haven in the distance, I know that I'm home."



And wherever I go, when I can see the buildings of Bridgeport in the distance, I know that I'm safe.

I do have to admit, though, that I haven't given Bridgeport a fair chance. I have never really seen Bridgeport, mainly because it's hard to see a city when you're going through each traffic light at 100 miles per hour to avoid having to stop for fear of being approached by an individual mildly obsessed with car theft.

I am the same way with New Haven. I am not sure whether I have changed or if times have changed, but when I was in high school I used to actually hang out in downtown New Haven, and now I don't even like driving there. Of course, it's hard to feel secure driving anywhere, especially when you're driving my car. Traveling in my car doesn't provide much security, seeing as you never know exactly when the car is going to decide not to work again (it's kind of like a being in a bad relationship).

Speaking of relationships, I have a friend who is about to get married, and I think the reality has finally sunk in for him. He is starting to notice the little quirks in the personality of his significant other, but he can't ignore them like un-engaged people can. You see, when you're just dating someone and they start to annoy you, you can just drop them off and go home.

But when you are *engaged*, dropping them off doesn't do much for you, because you know that not only do you have to see them tomorrow, but you have to see them the next day, and the day after, and the day after that, and so on, until one of you dies.

And then—chances are—you miss their quirks.

But I digress...severely.

I live in a condominium in North Branford. For those of you not familiar with southern Connecticut, North Branford is one of the most remote towns in the state. This town is so uneventful that people chasing a runaway goat through my neighborhood once made front page news.

Well, a few weeks ago some people decided to raid the unlocked cars in our parking lot in the middle of the night. Mine was one of them. We rarely locked our cars, because the crime in North Branford used to be limited to dogs being let out of the pound. Now every night I lock my car. And my front door. How far out in the suburbs do you have to move to escape these things?

Another friend of mine was telling me how she was scared for her family on Halloween. In her area there is a gang for which the initiation is to kill somebody, and Halloween was initiation night. Trick or treat? I'll stay home, thank you.

Also, have you heard about the recent inner city recreation program? It's called "Lights Out." A couple of bored souls from

downtown Whatever City, USA, will cruise the streets with their headlights out. If you flash them, which is the polite thing to do, they follow you, hunt you, and kill you. Different people have different reactions to this; some refuse to drive at night, some just won't flash other motorists again, and others now know who to aim for.

Last week an old man at a gas station limped to my car and asked, "Could ya bring me ta route 80? Please, mista? I can't walk. I got wood in my leg."

"I would," I said, "but..." No I wouldn't, and I knew it. For all I knew he could have been a...well, anything...and he also could have been a real person. But I didn't see that. I saw a potential crime. And most of us would have seen the same. And because of that, an old man with a wooden leg on a cold night probably had to hobble home alone.

We live with more crime now. That is a fact. Because of that fact we have changed the way we treat strangers, and every time we turn away an innocent person, our society grows colder. And on the wayside, politicians argue over impotent crime bills, voting for their futures, and ignoring ours.

## Letters to the Editor...

### INCONSISTENCIES SHOW IN TREATMENT OF CLUBS

To the Editor:

Greek Life is a part of Sacred Heart that is said to be finally getting the respect they have been fighting for. Everyone recognizes the sororities and fraternities on campus and they are continually being praised for their activities. But this only seems to be a facade.

As I walk around the campus and observe the pledging activities run by the sororities and fra-

ternities I see the people who are determined to be accepted walking around in costumes, carrying objects and singing songs. To some, this is fun, to others it is hazing. Where does one draw the line? One club can force their pledges to make spectacles of themselves and they will not be reprimanded. But another group could do the same and all hell breaks loose. There is discrimination. Denise Sutphin and Al Precourt have the ability to change

this. It is not that they are enforcing the attitude, but rather they are ignoring it. Looking from the inside out, I can see the different attitudes directed towards the different clubs. Pledging is supposed to be a time of fun and learning, but all that I am learning is that it is unfair.

I love Greek Life and I am presently proud of it. But before Greek Life can be presented to the University as wonderful, it is a must that the inconsistencies are

corrected within. The sororities and fraternities fight for respect from the school as a whole, and ironically, there is no respect for the individual clubs from the inside. Let's get the rules straight and treat every club equally. Otherwise, it will be sad to think that the supporters of Greek Life will be the ones losing respect for it.

Stacie Schmitt

### TWO PERSPECTIVES ON NECESSITY OF RULE CHANGE

To the Editor:

Something that I and, many other students feel need to be changed is the rule that no one of the opposite sex can be on a floor after 1:00 a.m. Students should be treated as adults. Half of the learning experience of college is making decisions by yourself.

This rule is not going to stop people from being sexually active. If students choose to be sexually active, it doesn't matter what time of the day it is. Because a person of the opposite sex is in your room after 1, it

doesn't mean you're doing something wrong.

A few times my roommates and I have had our friends kicked out and we were simply talking. Another time, I was up really late, upset about a problem I was having. One of my best friends, who happens to be of the opposite sex, was helping me out with this problem. He was forced to leave because of this rule.

The main point is that we are eighteen years old and we should be treated as adults who can make decisions for themselves.

Joyelle Hirsch

To the Editor,

I would like to explain a rule in my residence hall that I believe needs to be changed. Being a first year student I was not prepared to do the amount of work and studying I am forced to do this semester in order to keep my grades up. For me studying in a group is the easiest way to learn and remember material.

One night I was studying for my civilizations mid-term. I had a lot of information about names and dates I needed to remember clearly. I was studying with a friend who just happened to be of the opposite sex.

We were in the lounge with our textbooks and notes studying for the exam. It was little after 1 when the R.A.'s went by on rounds. They asked my study partner to leave. We were planning to study for at least another hour before we called it a night, but he was forced to leave the floor because of the rules.

I do not understand why people of the opposite sex can't be on each other's floor after hours if they are studying in a common area. It doesn't make sense to me.

Peggy Gallagher

**The Spectrum will not publish Nov. 24  
due (thankfully) to Thanksgiving.**

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## Changing views

# Holocaust education sheds light on human nature

By Joy Graves  
Contributing Writer

Recently I had the opportunity of taking a semester course on the Holocaust. I went in with the same attitude as many of my peers did - "The Germans weren't at fault...they were just victims of Hitler," which in part was due to the way history has been taught throughout the years and the fact that we have become a society that doesn't like to place blame on ourselves.

But in the course of the semester, my attitude changed drastically and now I too look at the Holocaust in a different light.

We started with a basic background of the study of sociology itself...what it is, what sociologists do, what we can learn.

Then we moved into the way the Jewish community has been oppressed and persecuted through history.

All of this led into the final quarter and an intense look at the Holocaust.

I heard many ideas that had been presented before, but there was one that I

hadn't heard and at first, didn't want to believe. It is that, when it comes to being a bystander, a majority of people will just stand by.

I believed that the blame to rest on

brave souls that dared to go against the majority and do what they could to make a dent in Hitler's final solution to his perceived Jewish problem.

It was those few that we read about and

over and over for intervention.

And it made me wonder what would have happened in the United States if the government had decided to annihilate the Japanese Americans that they had interned. I wondered why we weren't doing more about the "ethnic cleansing" in Bosnia.

I, like many other millions of Americans, oversimplified the Holocaust. But I realize now that we should not and cannot oversimplify something as horrific as what occurred during those years.

The Holocaust blame was to be placed on people like us...common, everyday people.

And that hit me - and my classmates - in the heart, because it made us wonder what we would do in the same situation.

We would like to think that we would help to the best of our ability...but it had been showed and proved that statistics were working against us.

I now believe more than ever that one person can make a difference.

The few people that helped the Jewish during the Holocaust are proof of that.

***The Holocaust blame was to be placed on people like us...common, everyday people. And that hit me - and my classmates - in the heart, because it made us wonder what we would do in the same situation.***

Hitler and the SS and that the German people were not to blame because of the times.

But I soon realized that even though they were in the middle of a great depression, and even though Hitler was appealing to the German people and masses of them were following the sadistic ideas of both Hitler and the SS, there were a few

discussed that made me realize that everyone was to blame. The United States, the Germans, the French, the world was to blame.

We, in the United States, were too occupied with our own problems to do something, even though we knew that Hitler was systematically murdering millions of people and a plea for help had been made

## More Letters to the Editor...

### PUBLIC SAFETY OFFICER SHOWS WORSE SIDE OF THE COIN

To the Editor,

Good day. How are you? That's nice.

I am writing in response to the article pertaining to the crime rates of Sacred Heart. Their director and the officers are doing an admirable job in servicing our community and deserve two thumbs up.

The article states that "Public

Safety provides a dusk until dawn escort service." Depending on the driver they do. For the most part in my calling for escorts I have been taken care of. I say for the most part because I was treated rudely by a certain Public Safety officer I will let remain unknown.

A few weeks ago around 2 a.m. on a Saturday night (And I didn't have an ounce of booze in me) I was walking from Jefferson

Hill towards South and West Halls and saw both Public Safety vehicles parked side by side. I walked up and asked them for an escort.

The officer of question replied "You don't want an escort. You want a taxi." I rebutted, repeating my need for an escort back to Parkridge. He then again said "You don't want a escort you want a (expletive) taxi." I told him I

didn't need this and being a generous fellow, I returned with an expletive of my own. I proceeded to walk away from the one that was a jerk only to be escorted by another officer, one that was more friendly and more professional. I take my hat off to him.

In regards to the officer in question, part of Public Safety, like this paper states, is to provide escorts. If this grumpy son-of-a-

b-tch doesn't want to take that long haul to Parkridge and just sit in his car, maybe he should work in some toll-booth on some desolate highway. Thank you for your time.

Mark C. Manchester

### STOP STALLING SEX ED.

To the Editor:

I would like to comment on our sex ed policy. Even though this is a Catholic institution and the Catholic religion is against birth control and abortion, I believe Sacred Heart holds the responsibility of informing and educating students about birth control, sex, and abortion. Education on such topics leads to a lack of ignorance, which in turn, leads to more responsible actions

on student's behalves.

Students are going to be having sex whether the University makes rules against it or not. I believe that administrators must recognize this fact and stop stalling on passing sex education policies. Isn't it better that students make decisions on facts that they learned rather than myths they believe?

Maureen Collins

### SECURITY PREOCCUPATION BORDERS ON INVASION

To the Editor:

This school is too preoccupied with security. I have visited 15 or so college campuses in the past few years and Sacred Heart, out of all of them, has the most elaborate security. South and West halls are harder to get into than Fort Knox. When I walk around campus, I feel like I am in a war zone.

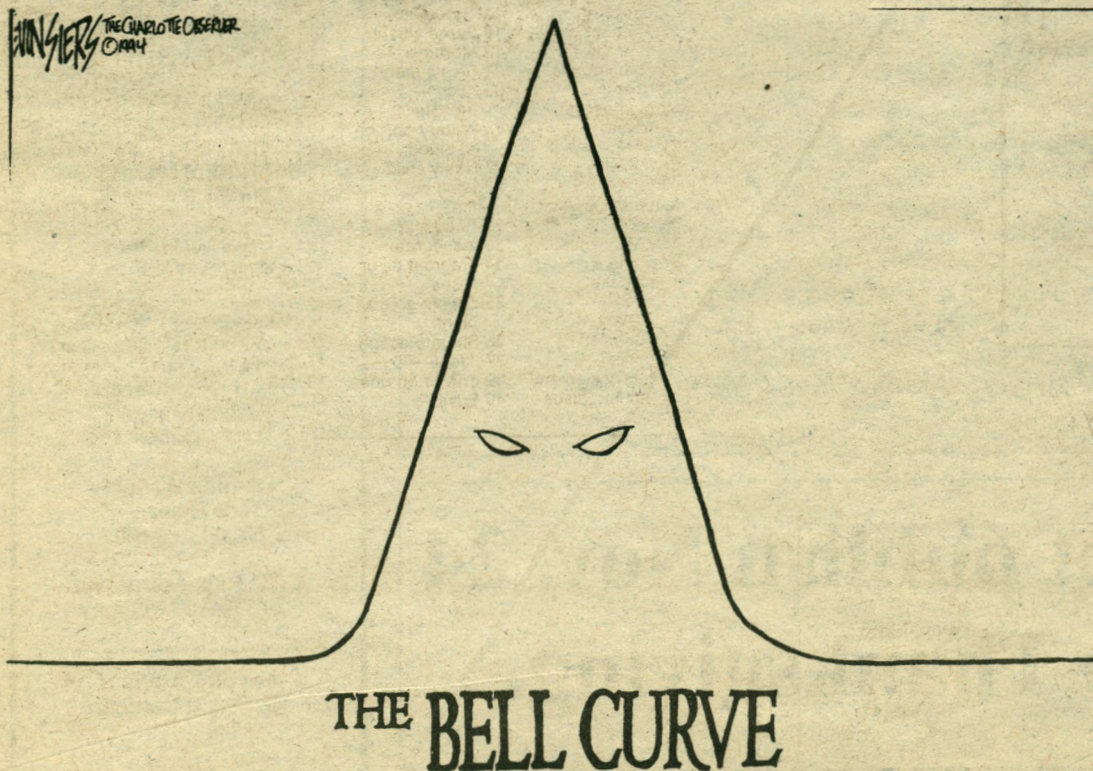
Why do we need 20 million

cameras mounted on South and West halls? How many crimes being committed have been caught on camera? If someone from off campus wants to get into the dorms they can. I've seen a few delivery men wandering the halls. Where is Public Safety then? I don't see them flying around the nearest corner on their Schwinn trying to apprehend these trespassers.

How much authority does

Public Safety have? I know of a few schools where it took a lawsuit or two for the administration to realize that they had to restrain their security forces from chasing students across campus after the student had littered.

Jonathan Forsythe



**Letters to the Editor**  
*must be submitted  
the Monday prior to  
publication.*

*All letters must be signed  
and be accompanied by a  
phone number.*



calvin and Hobbes

by WATERSON

ANOTHER DAY,  
ANOTHER DOLLAR...

... ANOTHER IRREPLACEABLE CHUNK  
OUT OF A FINITE AND RAPIDLY  
PASSING LIFETIME.

WHAT A BEAUTIFUL  
SUMMER DAY... AND I'VE  
GOT TO SPEND IT IN AN  
OFFICE. BROTHER.

IT SEEMS LIKE I'M  
ALWAYS RUSHING OFF  
AND NEVER TAKING  
THE TIME TO ENJOY  
DAYS LIKE THIS.

I'D SURE LIKE TO HAVE A QUIET  
DAY AROUND THE HOUSE. NO  
TRAFFIC, NO SCHEDULE, NO  
PHONE CALLS... BOY, THAT  
WOULD BE GREAT. I COULD  
SPEND SOME TIME, WITH  
CALVIN, READ A BOOK, GO  
ON A BIKE RIDE...

MAYBE I SHOULD TAKE THE DAY  
OFF. THE WORLD WOULDN'T END IF  
I DIDN'T GO INTO THE OFFICE TODAY.  
DAYS LIKE THIS DON'T COME OFTEN  
AND LIFE IS SHORT.

HI DAD.  
BYE DAD.

UGH

YOU GET BACK  
HERE AND PICK EVERY  
ONE OF THOSE  
DEAD BUGS  
OUT OF MY  
SHAMPOO!!  
I MEAN  
NOW!

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THE CREEP  
By Chris Beleznyay

MMMM. THESE HONEY-  
ROASTED PEANUTS ARE  
REALLY GOOD.

MY  
NUTS!

HELP!  
RABID  
SQUIRREL!

WHOOSH

TAKE  
THAT!

WHEN WILL ANIMALS  
LEARN THAT HUMANS  
ARE THEIR SUPERIORS?

YOU GOIN'  
DOWN, PUNK.  
JUST TURN  
AROUND. I'M  
YOUR WORST  
NIGHTMARE...

THE END

College Life  
By Neal Laneville

Oh Gargamus, come here  
Gargamus... lets go boy!"

"Remember we agreed  
to get one pet for our room,  
I finally found one, I hope  
you don't think he's too big."

Calvin and Hobbes  
By Bill Waterson

YES, CALVIN?  
WHY AREN'T YOU TEACHING  
US THE GENDERS OF  
NOUNS?

IS "DESK" MASCULINE? IS "CHAIR"  
FEMININE? FOREIGN KIDS KNOW,  
BUT WE DON'T! NO WONDER WE CAN'T  
COMPETE IN A GLOBAL MARKET!  
I DEMAND SEX EDUCATION!

I WONDER IF HER  
DOCTOR KNOWS SHE  
MIXES ALL THOSE  
MEDICATIONS.

THE Crossword

- ACROSS
- 1 Misses a step
  - 6 Lab animals
  - 10 Long fishes
  - 14 Michigan's neighbor
  - 15 Potpourri
  - 16 "— for All Seasons"
  - 17 Got up
  - 18 Dr. Sagan
  - 19 Descartes
  - 20 Disavowal
  - 22 Dasher or Blitzen
  - 24 Boxing losses
  - 26 Guided
  - 27 Surrounds with troops
  - 31 Ship letters
  - 32 Helicopter part
  - 33 Peruses
  - 35 Woman's secret?
  - 38 Soon
  - 39 Montana city
  - 40 Satiated
  - 41 Recipe meas.
  - 42 Entire range
  - 43 Sweet stuff
  - 44 Lad
  - 45 Line of bold cliffs
  - 47 Eight-sided figure
  - 51 Monthly expense
  - 52 Thought logically
  - 54 Made points
  - 58 Unit
  - 59 Member of royalty
  - 61 Act
  - 62 It. family
  - 63 Snare
  - 64 Lariat
  - 65 Relax
  - 66 Fast planes
  - 67 Made a mistake
- DOWN
- 1 Food fish
  - 2 Entice
  - 3 Heavy element
  - 4 Put into place
  - 5 Gym shoe
  - 6 Fabled bird
  - 7 Winglike
  - 8 Wearies
  - 9 Isolation
  - 10 Bed of roses?
  - 11 Turk. title
  - 12 Saree wearer
  - 13 Mortimer —
  - 21 Ship's diary
  - 23 Loch — monster
  - 25 Watery portion of blood
  - 27 Nasty child
  - 28 Long periods of time
  - 29 Road sign
  - 30 Inaugurate
  - 34 Fragrant oil of roses
  - 35 Simple green plant
  - 36 Stir into action
  - 37 "Jane —"
  - 39 Knives on rifles
  - 40 Buyer

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ANSWERS

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- 42 Kind of dancer
- 43 Heartfelt
- 44 Berry container
- 46 "— Miserables"
- 47 Decree
- 48 Halt
- 49 Small pies
- 50 Approaches
- 53 Minced oath
- 55 Lion's sound
- 56 Kitchen end
- 57 Lock or line
- 60 Some records: abbr.



## Red Hot and Country sizzles AIDS benefit album crosses musical boundaries

By Todd Woodard and  
Melissa Bruno

Continuing the series of charity performances by country artists that have made significant contributions to Farm Aid and Midwest Flood Relief, *Red Hot and Country* lends its voice to AIDS education and relief.

The Red Hot Organization has produced a series of AIDS awareness and fund-raising projects, *Red Hot and Country* being the fourth in the series. This is not a surprise, considering that as early as 1931, country performers like Jimmie Rodgers used their music to benefit social causes.

Kathy Mattea, a well-known country singer, organized the album in conjunction with the organization. She performs two songs along with other artists.

There are a total of 17 songs on the album, performed by a variety of 33 artists. The music is as diverse as the singers and covers many themes with a sincerity that lives up to the country music tradition.

Some typical, twangy down-home country tunes are "Folsom Prison Blues" by Brooks & Dunn with Johnny Cash, "Matchbox" by Carl Perkins, Duane Eddy and

The Mavericks and "Close Up The Honky Tonks" by Rodney Foster.

Some of the more contemporary tracks are easier on the ear of an audience who doesn't

"Teach Your Children" for the album and it's one of the best

songs of the compilation.

Another remake, James Taylor's "Fire and Rain," was done by Sammy Kershaw.

The song is good in itself, but this



version leaves something to be desired, namely feeling. It's too cold and hollow. The best songs on the CD, in

like old country. Performers such as Suzy Bogguss, Alison Krauss, Kathy Mattea and Crosby, Stills and Nash remade

### MUSIC

our opinion, are "Up Above My Head/Blind Bartimus" by Marty Stuart with Jerry and Tammy Sullivan and "When I Reach The Place I'm Going" by Patty Loveless.

The first song is a county gospel tune sung a cappella. The harmony these performers created is moving, to say the least. Patty Loveless' song is slow and powerful, with lyrics that speak to the listener with meaning and emotion.

This CD is filled with good music from good performers. Even for those not used to country music, it's worth a listen.

If you are a country music fan, this compilation is a must have and the net proceeds from the album go to existing AIDS organizations around the world, so it's worth the money.

These artists have put together an album filled with hope for AIDS and HIV sufferers everywhere, and in the words of Patty Loveless, "Every light begins with darkness..."

Todd Woodard is an A & E staff writer and Melissa Bruno is the A & E Editor.

## The Road To Wellville : construction needed

By Katherine Bump  
Contributing Writer

*The Road to Wellville* is a handbook for hygiene and nutrition fanatics. Written and directed by Alan Parker from T. Coraghessan Boyle's novel, it tells the story of a time in the history of Battle Creek, Mich., when the town witnessed a insane wave of aids to correct and enhance nutrition and irrigation.

Battle Creek was to corn flakes as Boston was to beans, and the most famous of all local reformers was the marvelous Dr.

John Harvey Kellogg.

Yes, we all have heard of this inventor of the corn flake, but this remarkable man also invented peanut butter and, to the surprise of many, numerous primitive devices to cleanse the body inside and out.

While it is certainly considered healthy today to watch your diet, and avoid alcohol, caffeine and tobacco, *The Road to Wellville* uses those notions to elaborate and invent some incomparable and foolish reforms.

Kellogg, a buck-toothed ring leader, played by Anthony Hopkins, compacts his philoso-

phies of the digestive system into quaint one-liners: "The tongue is the billboard of the bowels." "We are but life guards on the shores of the alimentary canal." "An erection is a flagpole on your grave."

Hopkins (*Silence of the*

**The film's setting and costumes were very impressive...but it does not help this film's ridiculous story line**

*Lambs* and *Remains of the Day*) as always, performed marvelously. Why did he choose to star in this slap-stick, and rather vulgar, comedy? I could only think of one reason, the business must be slow.

The movie tells of several people who are drawn to Battle Creek by Dr. Kellogg's distin-

guished "Sanitarium," to be given the cure and have pounds of toxic sludge blasted from their intestines. This is said to give them the best "biological living" possible.

Eleanor and Will Lightbody (Bridget Fonda and Matthew Broderick), arrive at the "San," he for the first time while this is her third. Eleanor wants Will to find a cure for his weak stomach, so they may be happy again. But she discovers a cure for her unhappiness—a German therapeutic masseuse.

The other patients flaunt their very own idiosyncratic problem: Ina Munta (Lara Flynn Boyle), is "green" and Mr. Unpronounceable, a Russian man is bedeviled by an awful gas problem.

Arriving at Battle Creek at the same time, a young entrepreneur named Charles (John Cusack) is in business with the unreliable and irresponsible Goodleo Bender (Michael Lerner) to manufacture better corn flakes. Those two team up with one of Kellogg's 40 adopted children, George (Dana

Carvey), with hopes that his name, Kellogg, will carry their product.

The film's setting and costumes were very impressive and fantastically made but it does not help this film's ridiculous story line.

The only thing that made me laugh was the cinematography (I was laughing at them, not with them). The cuts in the film were absurd. They choose to cut from feces to meat constantly and from old-fashion enemas to alcohol.

Personally, I wanted to get up and leave but in hopes that the ending would somehow explain the film's madness, I didn't. And it didn't either.

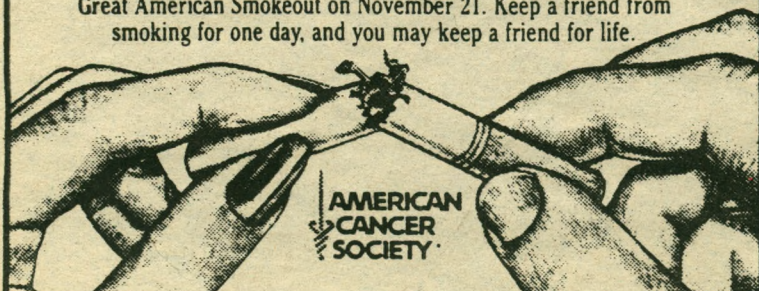
I never imagined someone could (or would) make a two-hour film centering on bowel movements. But Parker has.

If the enhancing of nutrition, bizarre methods of medicine, and excretion make you laugh then *The Road to Wellville* is a trip you should take.

If not, save your money and time and stay home. I wish I had.

### HELP A FRIEND BREAK A HABIT ON NOV. 21

If you have friends who smoke, help them quit during the Great American Smokeout on November 21. Keep a friend from smoking for one day, and you may keep a friend for life.





# SHU Football

*We  
have  
only  
just  
begun*



MICHAEL CHAMPAGNE PHOTO

**By Keith Zingler and  
Chris Nicholson**

*Photos by  
Chris Nicholson*

In the beginning, there were only the "B" sports: basketball and baseball. Then five years ago Sacred Heart University decided to change that. Five years ago...the dawn of an era.

Gary Reho, a native of Trumbull, Connecticut, was hired to develop and guide the newly conceived program.

"People said I was crazy

for leaving a sound program for one that is just starting," Reho said after arriving at Sacred Heart. He had been at Worcester Academy for six years where, with Reho at the helm, the football team compiled a 41-11 record.

"I met with Dave Bike (then athletic director) and Henry Krell (then dean of students) and Dr. Anthony Cer-

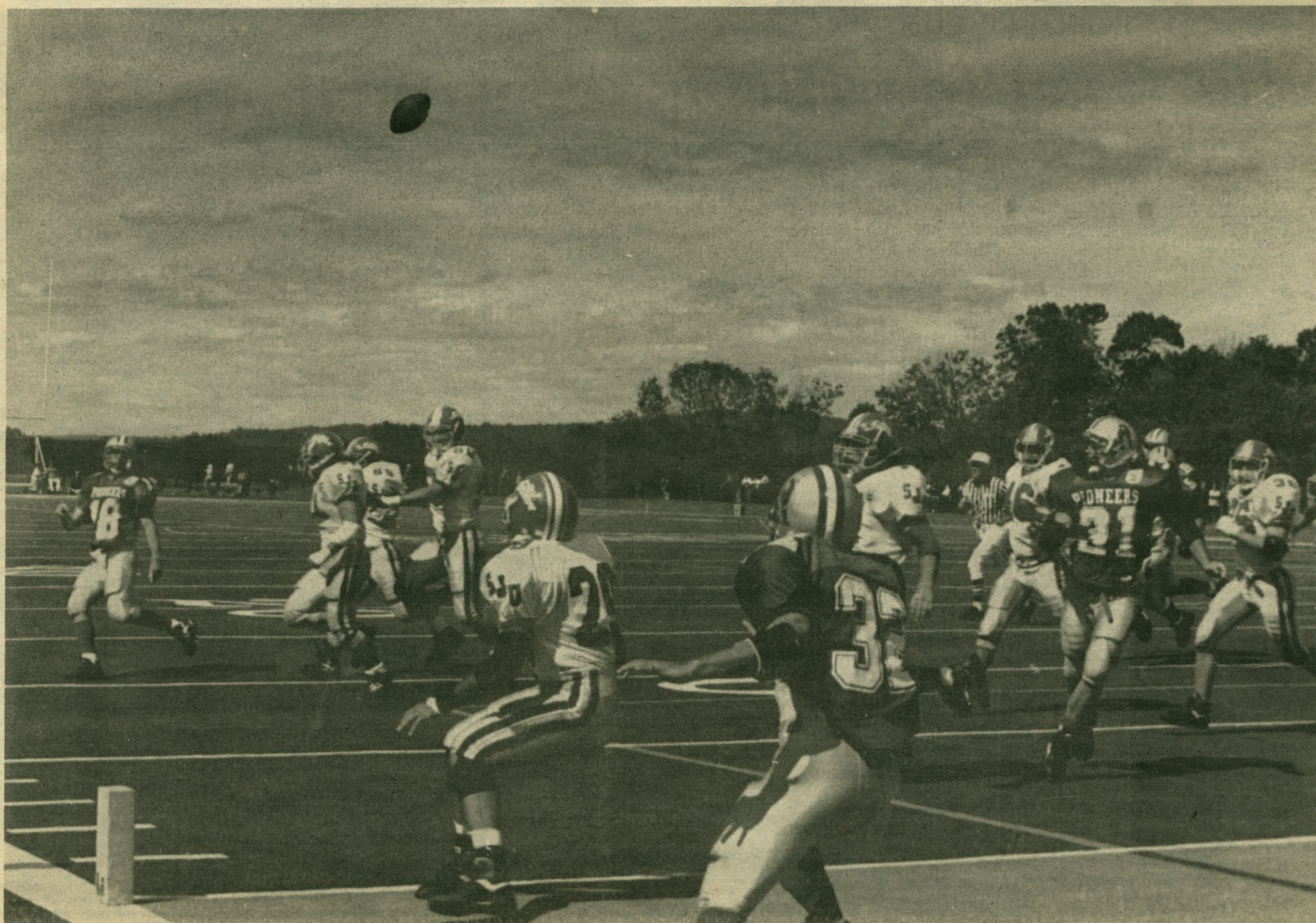
nera (university president)," Reho added at the time, "and found that it's a place where people do things the right way, and where a good football program could be built in a few years."

It didn't take long for Reho to realize his goal of building a winning program. The first season ended with the Pioneer record standing at a tall 5-4.

The season was highlighted by a mid-schedule five game winning streak, and by a five-minute feature on the team broadcast on national television during halftime of a Florida State/Miami game.

But the glory wouldn't last for long.

*Continued on page F4*

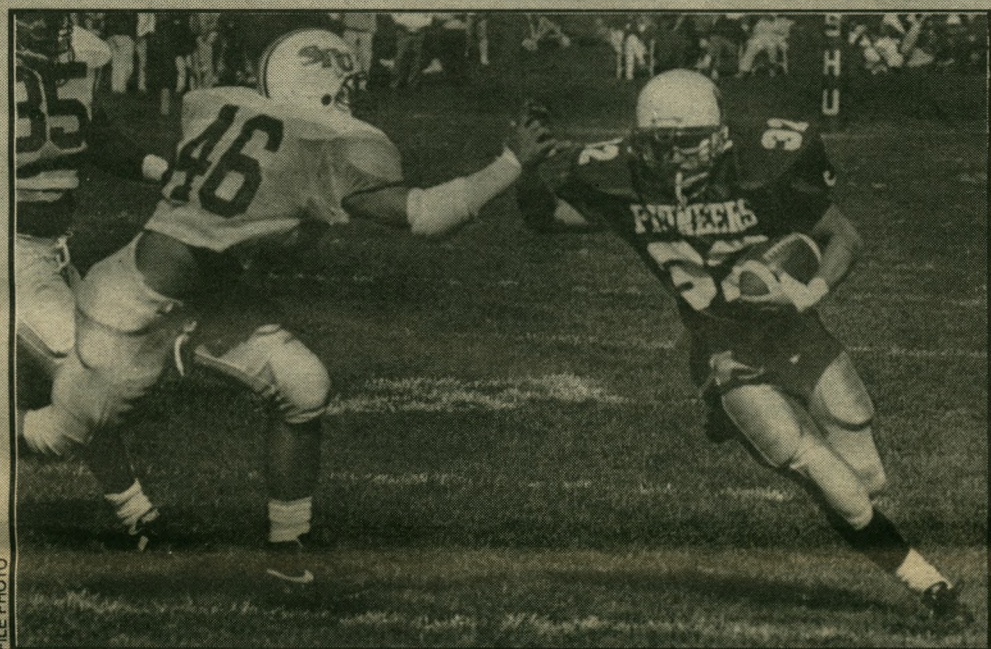




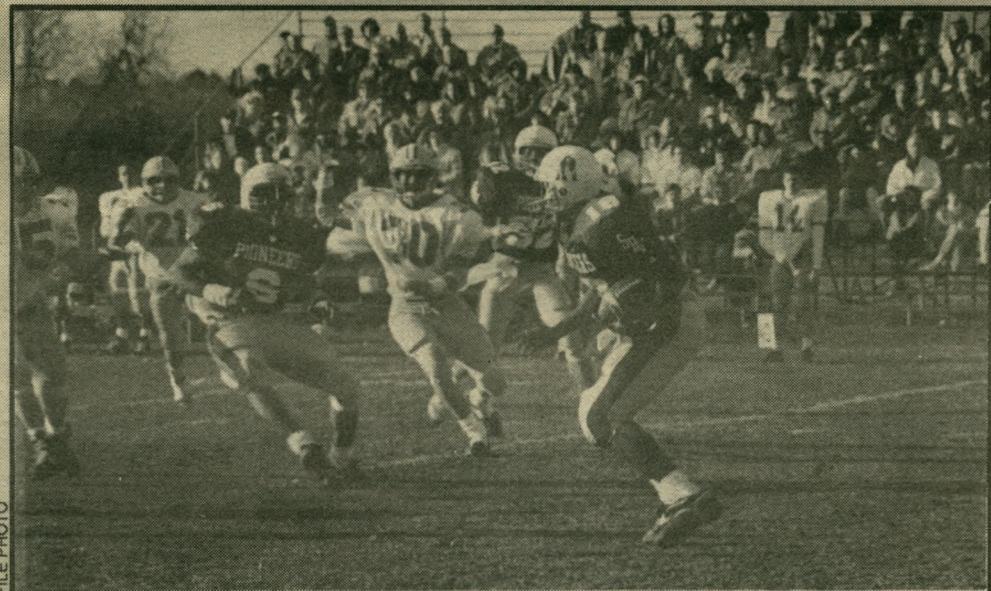
# Blasts From The Past



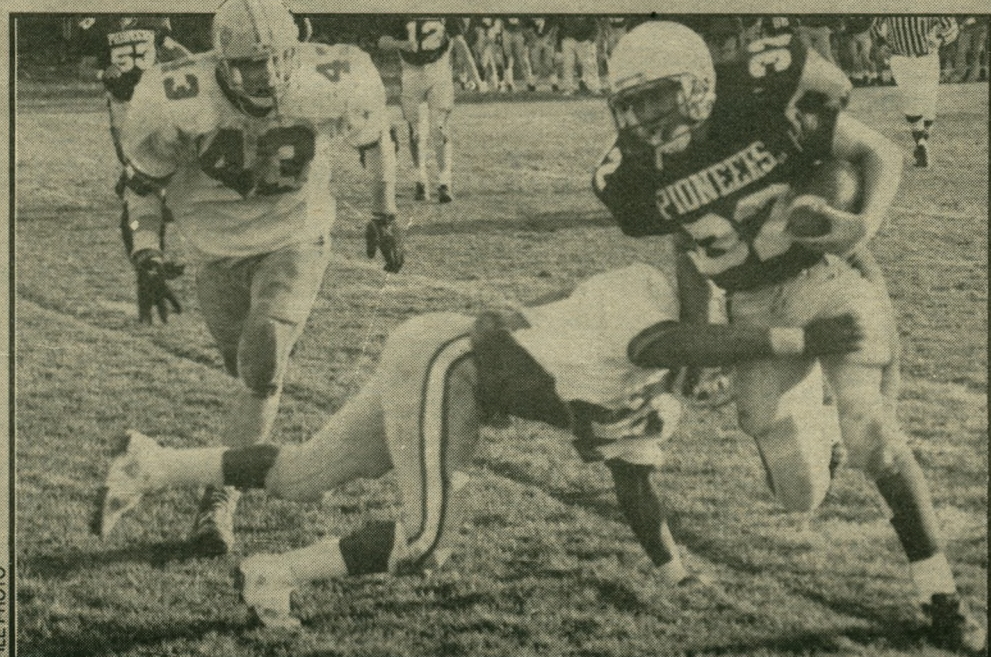
FILE PHOTO



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FILE PHOTO

# The Senior

## *Reho's comments on the seniors*

**Marc Scacciaferro**—"A great hitter, he's grown up quite a bit since freshman year. I am looking forward to working with him on a coaching level."

**Bill Johnston**—"I knew Billy since he was a sophomore in high school. I recruited him at Worcester, and then I left to coach here. I was lucky enough to get him to follow me here."

**Jim Gibbons**—"A quality guy, has never been in any sort of trouble. He has progressed physically and mentally from his first season. Hopefully he'll be back as a coach."

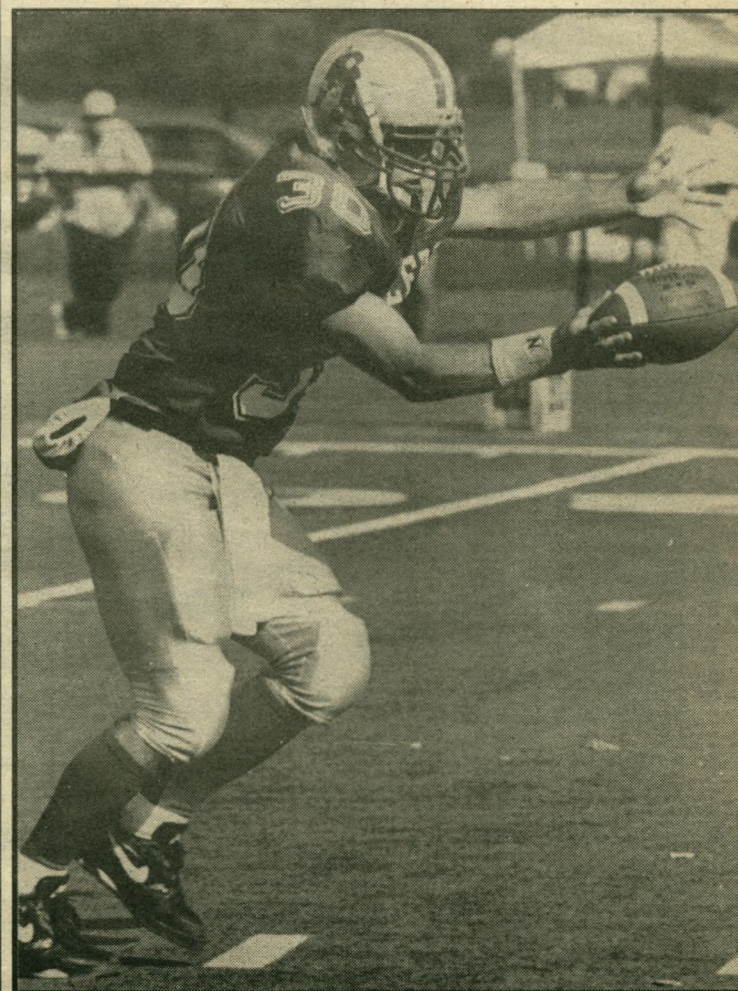
**Dante Laurendi**—"A transfer student from St. John's, an entertaining character who is a lot of fun."

**Mark Zuccarella**—"A hard working player who stuck with us. It was sometimes hard finding him a spot to play, but when we did find him a spot, he came through for us."

**Ron Stopkoski**—"Came in as one of the top players in the state. A steady performer for four years, and he leaves the program as the leading rusher."

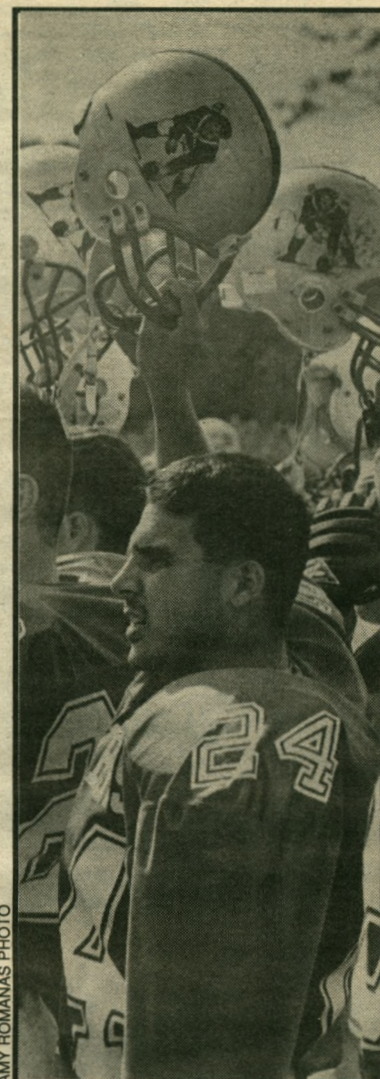
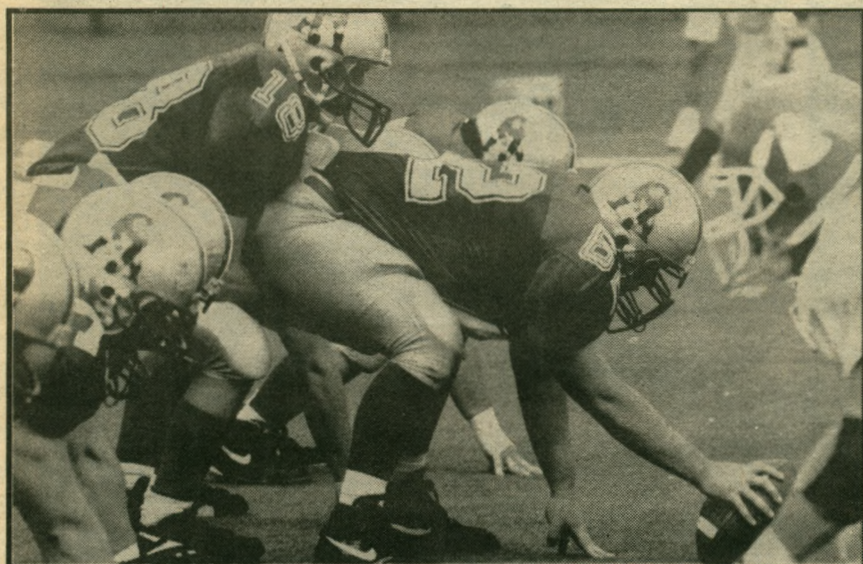
**Rob Stopkoski**—"A good athlete. Started his entire career at either corner or linebacker. A student leader who did a great job representing the team in the Athletic Council."

**Russ Greenberg**—"He has grown a great deal since freshman year. I am wishing him great success in his career as a commodities broker."

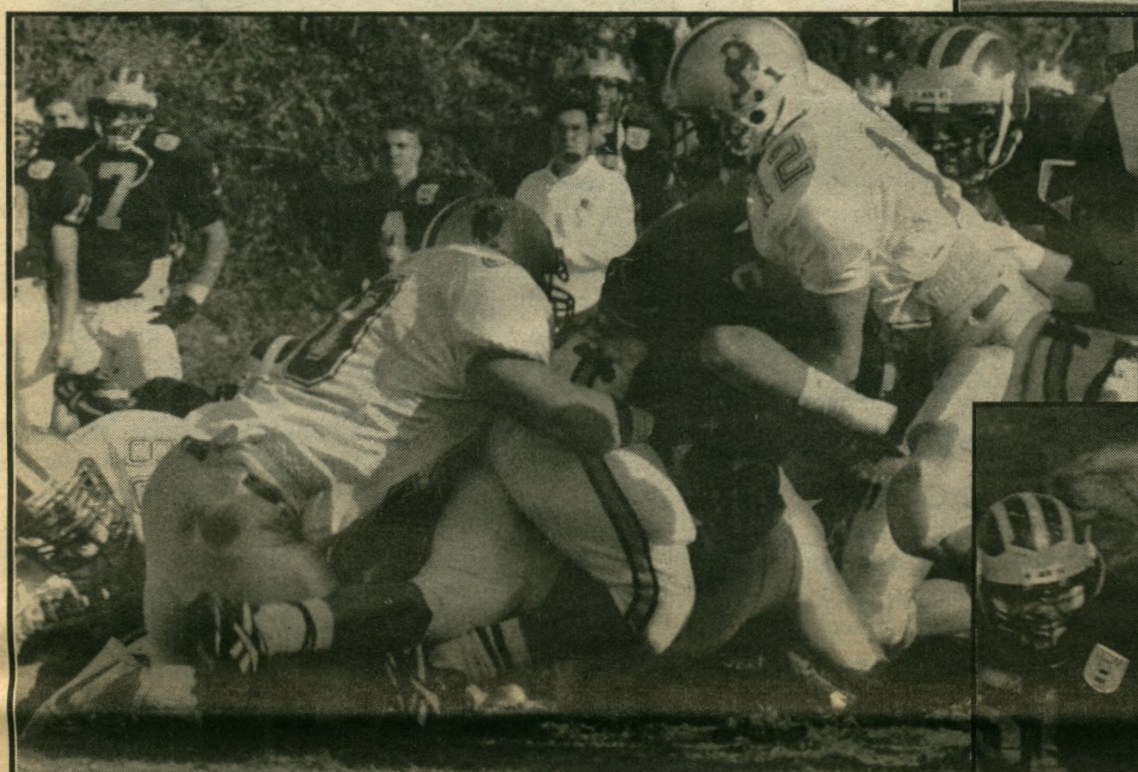




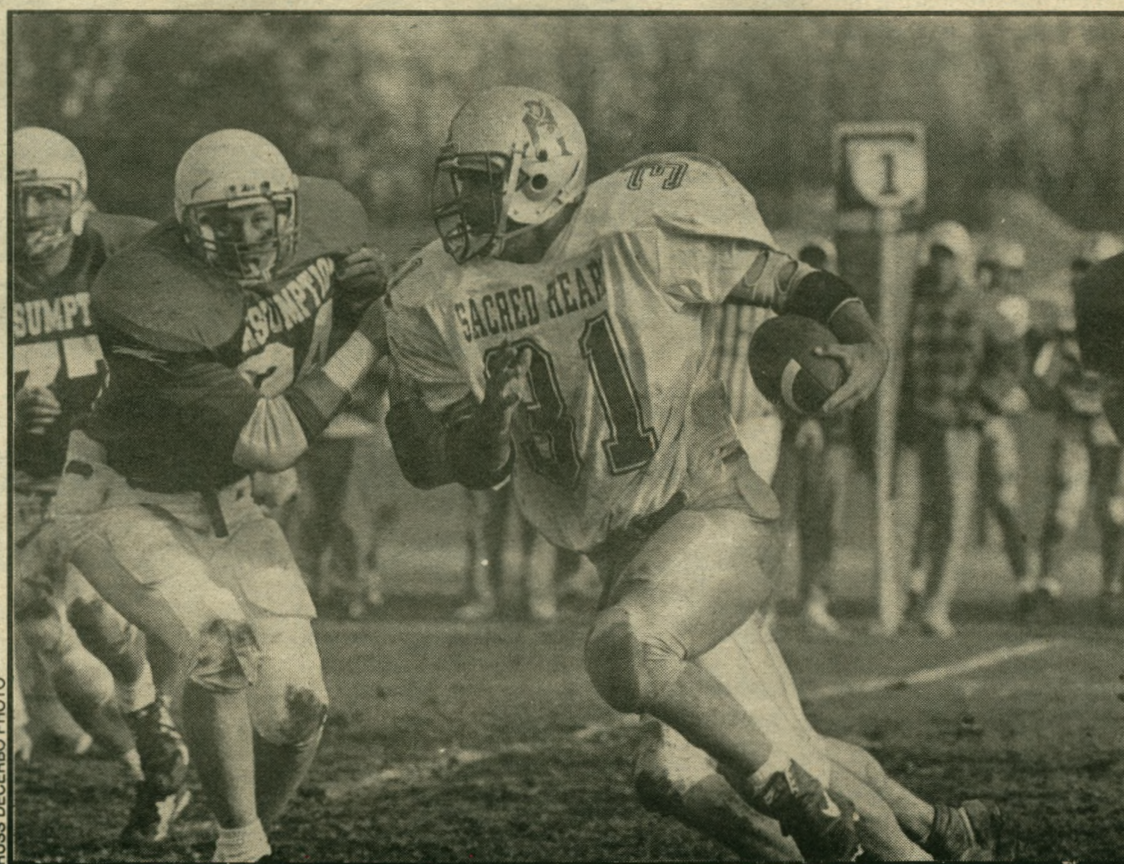
# Players



AMY ROMANAS PHOTO



(Clockwise from above) Russ Greenberg (50), Jim Gibbons, Bill Johnston, Dante Laurendi, Marc Scacciaferro, Ron Stopkoski, Mark Zuccarella, Rob Stopkoski.



RUSS DECERBO PHOTO





(Clockwise from above) Quarterback Chris Kelly, defensive lineman Marco Soto, and wide receiver Ray Sizensky are all returning next season to help the Pioneers continue building the program to the next level.

### Continued from page F1

As the young team would soon find out, one winning season does not necessarily mean a winning tradition. The following season, the team never even left the starting blocks, and they dropped all nine games.

"The first season we had an easier schedule," Reho explained. "The following year we beefed up the schedule. The players had thought we were pretty good, but the effort in the off-season just wasn't there."

The second season was also marred by the dismissal of several players. "They knew what to expect," Reho said. "Certain things you can't put up with while running a program."

The end of the dismal second season let the team know that Reho was serious, and that the game was serious too.

Senior Co-Captain Marc Scacciaferro, one of the eight original players graduating the team this year, said of the second season: "After sophomore year, we as a team decided that we weren't going to put up with anyone who wasn't dedicated to the program. The players that were left developed a strong family-like bond."

In the third season the Pioneers breathed life back into the program, as they set out to prove that they could be competitive with the tough schedule set before them. Although they finished the season with only three wins, they were frighteningly competitive with most of the teams they played.

At the end of the third year, the squad went into off-season training with Strength and Conditioning Coach Matty Melisi.

"Matty did an outstanding job with the players," Reho remembered. "He provided them with one of the best training programs in the country. It

was up to the players to put in the effort."

The effort paid off. The Pioneers finished their fourth season last week with a respectable 4-5 record. Two of those losses were by four points or less.

After the team won their last game of the season 20-6 against Pace University, Reho said, "I'm proud of the guys

that did stay and stick it out through the good and bad times, and I'm pleased they went out winners."

So now what will happen to those guys who stuck with it?

Scacciaferro, Co-Captain Jim Gibbons and Dante Laurendi may help coach the Pioneers next season. Co-Captain Bill Johnston will seek

a masters degree in criminal justice. Russ Greenberg will move back to Chicago where he has already accepted a job as a commodities broker. Mark Zuccarella, Rob Stopkoski and Ron Stopkoski plan on finishing their degrees.

And what will happen to the football program?

"The fifth year," Reho said, "is the most important in

building a program. Next year will be a big year for us."

The first year they were successful, but they still had no identity.

Johnston believes, "The differences between this year and the first year are that we have a nicer field, the attitudes of all the players are better, and it feels more like a college football program."



## SHU GRIDDER TRIVIA

1. Who was the first starting quarterback for the Pioneers?
2. Name the only scholarship player to play for the team.
3. Who has the most career sacks?
4. How many yards did Ron Stopkoski gain in his first varsity start?
5. The number of starting quarterbacks in the past four years.

6. How many coaches from the original staff are still coaching here?
7. Who holds the record for career interceptions?
8. Who holds the record for longest run from the line of scrimmage?
9. How many players have had three interceptions in one game?
10. Who has the longest interception return for a touchdown?

Answers: 1) Dave Voigt 2) Lionel Coleman, on a basketball scholarship 3) Russ Greenberg 4) Zero, he started his first game at linebacker 5) seven 6) one, Scacciaferro 8) Ron Stopkoski, 72 yards 9) two, Rob Stopkoski and Scacciaferro 10) Bill Johnston, 100 yards



## "Black and White" exhibit to open

### Moods, styles, subjects show great range

#### Special to the Spectrum

"From The Figure: In Black and White," a two month exhibit featuring the works of 18 artists primarily from Connecticut and New York, will open at Sacred Heart University's Gallery of Contemporary Art on Sun., Nov. 20. The public is invited to attend the opening reception from 1 to 4 p.m.

The artists represented in the exhibition, which runs through Thurs., Jan. 26, work in a variety of media including charcoal, pencil, oil, acrylic, welded steel, conte crayon, photography, pastel and ink. A catalog depicting each piece, resumes of the artists, and an essay by exhibit curator Deborah Frizzell will be available.

"Their styles range from the documentary photographic representation to the abstract," Frizzell writes. "In mood, they range from the whimsical to the poignant, the nostalgic to the exuberant, from moods of reverie to irony."

"I have always enjoyed works in black and white for their versatility. Occasionally powerful and stark, sometimes pale and delicate, it seems that these works tend to get lost because of their lack of neon in a world of quick and flashy," Gallery Director Sophia Gevas writes in her catalog introduction.

Frizzell, a former curator of education at the New Britain Museum of American Art and now a Ph.D. candidate in art history at City University of New York, observes that figure studies by Alan Falk of Oxford, Mary Steele of New York, Burt Chernow and Adair Wilson of Fairfield, Patricia Todisco of Easton, Judith Corrigan of Trumbull and Barbara Borek-Hart of Westport "exemplify the breadth of styles, interpretations

#### EVENT

and approaches to understanding the figure in space."



"Manias Frida" by Jane Sutherland

Falk, formerly of England, has exhibited his creative work throughout Europe and the United States while Steele and the others have been featured in exhibits throughout the region.

Suzan Shutan, a New Haven artist who has exhibited in various galleries including the Pump House Gallery in Hartford and Artspace in New Haven, will display a "Circus" motif, a "witty, artistic balancing act."

Jane Sutherland of Fairfield,

whose solo exhibition this fall opened the Gallery's 94-95 season, will display a fluid pencil drawing that captures one artist

impersonating another artist.

Ann Chernow of Fairfield, who has exhibited at the Uptown Gallery in New York City, the U.F.O. Gallery in Provincetown, MA and at Fairfield University, will have on display a drawing entitled "Girls," which Frizzell

## A & E BRIEFS

Compiled by Melissa Bruno

### Orchestra New England announces student rush

West Haven's Orchestra New England, or O.N.E., has made their concerts affordable for college students by offering "student rush" tickets. One half hour before each concert, these tickets go on sale for \$5 per student. Regular ticket prices range from \$15 to \$27. The 94-95 season continues on Sat., Nov. 26 at New Haven's United Church on the Green, with the "Colonial Concert XV," an annual favorite of classical music with musicians in full Colonial dress.

### Stamford Center for the Arts Young Audience Series continues

The Young Audience Theatre Series at the Palace Theatre in Stamford continues today, Nov. 17, at 10 a.m. and 12 noon with *The Jumping Frog of Calveras County*. Based on a short story by Mark Twain, this production is recommended for children in grades 2-6. Tickets are \$5 and \$7.

describes as "from a past era, but redolent of the human condition."

Frizzell said that Barbara Rothenberg's "Profile" "abstracts a portrait and a mood in the raw vocabulary of form." Rothenberg, of Westport, has displayed her work at the Ingber Gallery in New York, the Connecticut Commission on the Arts in Hartford and the Bruce Museum in Greenwich.

Throughout the exhibit, a non-human figure occasionally crops up, as in Lou Hick's abstracted essence of "cowness," a blank frontal view that emerges with ears peked and "we know

instantly which beast from the ark we have encountered," writes Frizzell.

Stylized, simplified massive human forms inhabit Kevin Cuddy's collagraphic image in an eerie, stepped-space projecting his "Cloud Woman" forward into the viewer's space, Frizzell noted.

Gevas said other artists submitted a variety of images that represented the work for which they are known: abstract, geometric and three-dimensional. "The results were sometimes surprising and always interesting."

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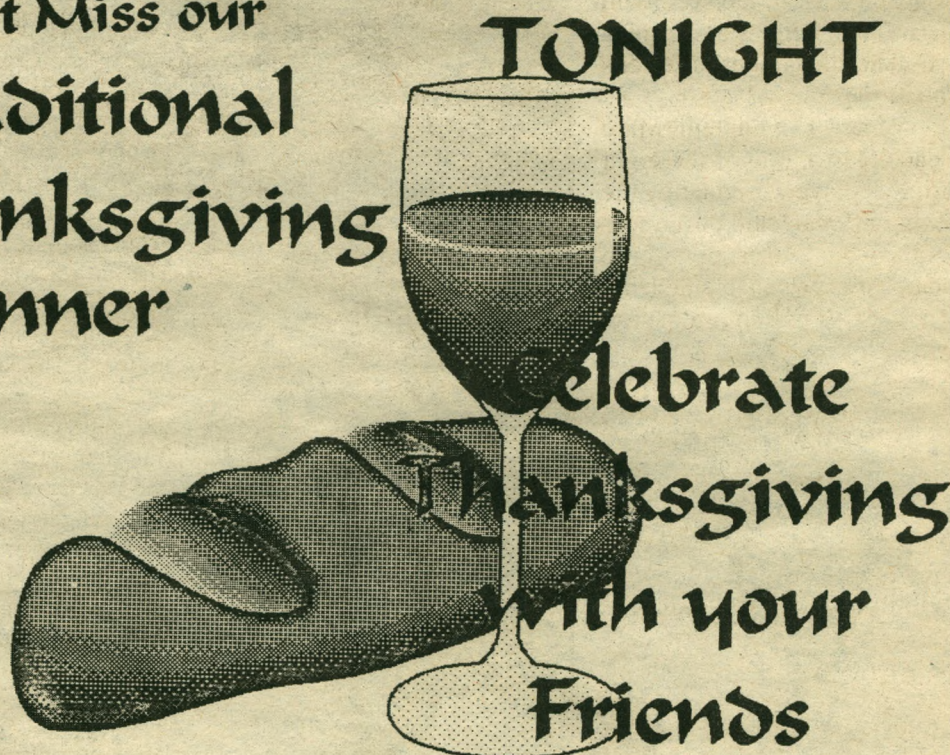
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# Light to dark, the corruption of comics

**Jason Mazaik**  
Staff Writer

In the early 1960's a man of pure genius gave birth to a new universe and gave breath to an industry on its last gasp. The industry was comic books. The man was Jack Kirby.

The late Jack Kirby is considered both father and king of the modern comic book, for it was his genius and stunningly vivid imagination which created so many unforgettable characters. These were not simple or average characters. These were the characters that millions of kids grew up with, and millions of adults can still identify with.

Kirby's creations included The X-Men (Cyclops, Iceman, Professor Xavier, The Beast, and Magneto), Iron Man, Thor, The Hulk, The Fantastic Four, Mr. Miracle, and an endless cast of other characters.

Kirby created a universe of heroes and villains which shaped the comic industry and brought about the Golden Age of super heroes.

The heroes were moral, fine, upstanding individuals. They fought for justice, thwarting the bad guys and turning them over to the police. There was hardly any death, and if there was, it was a tragedy mourned by the hero.

Recently, however, the hero has been shunned from his or her role as a protector of life and defender of justice. The violence in comic books has become noticeably different, as the hero grows darker and darker. There is one explanation for the rise of the dark hero, and it is this explanation which threatens to destroy Kirby's legacy.

The answer is simple - violence, death and blood sell. At some point Kirby's dream of entertaining kids and adults with heroes they could believe in was turned around for a profit. What was entertainment became a rat



Marv from Miller's Sin City turns on the juice.

race to get the comic readers to fork over money to the hoarding companies, like Marvel Comics.

Marvel is the biggest company in the industry and continues to destroy Kirby's dream by drastically altering the heroes Kirby created. Greed has slowly begun to ruin the comic industry. This greed forces the industry to do whatever it takes to make more

money.

The violent hero is a twisted child of this money lust. It would seem that the nineties have become the time of the dark hero.

You may be asking yourself 'What in God's name is this kid talking about?' Well here's the scoop.

In the past four years the major players in the industry (Marvel and DC) have tried a multitude of gimmicks and have created darker, grittier heroes to rake in the money. The 'art' of comic books has become an art of money making.

In the past four years several major heroes have undergone changes and have gone the way of the 'anti-hero.'

Batman had his back broken and was taken out of the picture. Replacing him was another man, but he was not the same. This man took the mantle of the bat and began to kill the villains, the Bat-a-Rang became a razor sharp weapon that could slice a villain's hand off.

This new Batman also wore armor and more often than not beat the snot out of a bad guy until he died. Thank God the old Bruce Wayne came back and replaced this stand in.

Captain America was driven to the point where he wielded an Uzi and began to mow down the criminals.

The Punisher is now a lunatic

## LIFESTYLES

rocker and killed a few thousand people, on the way to his own death.

All these drastic changes serve to undermine Jack Kirby's dream and combined with at least a \$1.50 cover price, put money in the pockets of these corrupters.

It is important to keep in mind that not all creators are out to make a buck and there are still companies who believe in comics as an art.

Frank Miller, Walt Simonson, John Byrne, and Mike Mignola are some of the comic greats who have sought to preserve Kirby's dream.

The first of these companies to protect their creations from the misuse and abuse of their creations was image comics. These may not be the best comics, the art may be sloppy or the stories junkie, but the creators have complete control of their characters. This control was new to the industry and now many creators have formed individual companies to protect their creations.

Frank Miller, John Byrne, and various other creators created the Legends imprint from Dark Horse Comics. If Jack Kirby had this ability, to protect his characters, Marvel would be just as well to do the same and their comics would be a good read.

If you are an avid fan or even remotely interested in comics, there is a newly forming Comic Book Club, which meets every Monday in the Dining Hall.

shooting and maiming everybody in sight.

The Green Lantern fell of his



Jim Lee's Wildcat, the perfect picture of the anti-hero



Greg Capullo's rendition of a Spawn bad-boy



# Taking classes into the "Next Generation"

By Marco Buscaglia  
College Press Service

Fifty-two students at Evergreen State College are going where few have gone before.

The college is offering a Star Trek course, and despite notions of "Vulcan 101" and "Klingon: Friend or Foe?" the class is hardly the stuff of science-fiction fluff, say its instructors.

"We're not teaching Star Trek. We're teaching various disciplines and using Star Trek as the basis for example and analysis," says Carrie Margolin, one of the course's three instructors. "We use segments from both television series and the films to make the academic connections."

The Evergreen catalogue defends the use of Star Trek as basis for the course by stating that the show "has provided metaphors for the study of a variety of important contemporary subjects, including anthropology, artificial intelligence, space travel, psychology and so-

cial development."

"What comes out in the curriculum depends on who wants to teach what," says Margolin. "We try to find common topics and then the instructors will come up with a plan to create a course of study."

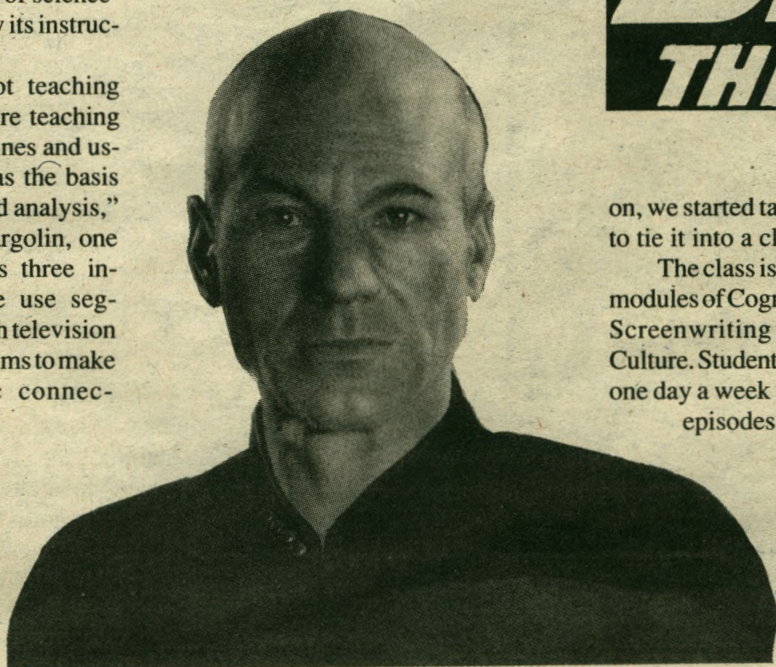
"Where No One Has Gone

her Star Trek poster.

"We both realized we had this mutual appreciation of Star Trek," says Margolin. "From that point

Barry Buck. "Star Trek is the catalyst for the retention of some very difficult concepts. It helps the material we discuss seem very real,

History of Time" by Stephen Hawking, the class used a 1967 TV episode on time travel as the starting point for a discussion on



on, we started talking about a way to tie it into a class."

The class is broken down into modules of Cognitive Psychology, Screenwriting and Animation Culture. Students in the class spend one day a week viewing scenes or episodes that will later be

used as a reference point for material discussed in class. And while the material may seem diverse, students in the class say the use of the science fiction classic helps them tie it all together.

"I was impressed with how they integrate the different areas into their teaching," says student

not like just something out of a textbook."

Buck says he's an avid Star Trek fan, and that he knew he had to take the class as soon as he saw it offered.

"Being a fan of the series and the movies, I thought it would be interesting to look a little further into some of the material," Buck says. "I'm sure you could take almost any film or television series and use it as a reference point for certain topics, but the fact that Star Trek is science fiction brings the material to a different level."

And while the concepts are diverse, Star Trek is the unifying theme that ties them all together.

For example, the class has thoroughly studied the concept of time, says Margolin.

After discussing "A Brief

time.

"The episode dealt with the linear structure of time, which was very consistent to the scientific thinking of that era," says Margolin. "Then we jumped ahead 27 years to an episode of the 'Star Trek: The Next Generation' which showed time as more of a continuum, which is clearly another way of thinking today."

Still, the thought of a Star Trek class isn't exactly taken that seriously outside the college.

"I do have to explain myself a lot when people hear I'm taking this," says Buck. "But once I explain how it works to them, they don't give me any problems. At first, they think that we just sit there and watch television, but it's a tough class. There's a lot of material."

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# FEATURES

## Body Decoration: Students show off works of art

By Ayoma Perera  
Staff Writer

They walk with the utmost confidence and composure. Some expose their "special little extras" while others hide them because their clothes demand they do so.

Many individuals from all walks of life take that extra step to add something to their bodies.

A recent beauty poll taken by *Cosmopolitan* declared that multiple earrings got "lots of points" as opposed to the eyebrow, lip and tongue piercing. These were "ostracized beyond belief" with 75% of males and females repulsed by all three.

The idea of multiple earrings was considered to be the most common and least threatening place to ornament oneself.

Natasha Ranasinha, a third year medicine major at Kings College in London, has seven earrings down one ear and just two down the other. She also has her nose and belly button pierced.

"I've always enjoyed the thought of looking outrageous," said Ranasinha. "Piercing in different places of my body gives me a feeling of individuality."

Kyle Anderson, a resident of Miller Place, NY, who is currently not attending school, adorns a ring at the septum of his nose. "It needs a lot of care and attention," said Anderson.

He also boasts three tattoos on his body, a detailed sun on his shoulder blade, a train on his arm and a New York Yankees sign on



the front of his ankle.

"I look at tattoos as being a form of art," said Anderson.

According to Michael May, the helpful and courteous manager of The Beauty Mark in Waterbury, 25-30% of his customers are college students who invest in a tattoo to "just do something different." They do not do body piercing as it is illegal in CT.

What are the most popular tattoos? "Ladies prefer roses or

women, it is more expensive," said May.

Elizabeth Rathbun, a second year psychology major from Stockbridge, MA finds tattoos as a way of self-expression.

She decided to get a tattoo even before it became a fad and adorns a colored bluebird on her ankle and a flying heart on her shoulder.

When asked what her parents thought, Rathbun replied, "my dad

floral designs and new age symbols such as dolphins or the moon," said May, "whereas men go for a more wildlife outlook with the eagles and bears being the most popular."

So what are the costs? Costs differ between men and women. The average price for a woman is about fifty dollars and for men about one hundred.

"Because men prefer a larger, more detailed tattoo than the

thought it was funny, but my mom was pretty upset."

Nicole Barcome, a sophomore from Holyoke, MA, majoring in physical therapy and psychology does not have a tattoo but sees them as interesting and beautiful.

"I know of a person whose entire back, from his shoulder blades to his buttocks is tattooed as angel wings," said Barcome. "It is the most beautiful thing I've ever seen."

Not all people agree with this view and are more skeptical to submitting their bodies to the pain of piercing or tattooing.

Sophomore Donna Stoeher, an English major from West Milford, NJ has no problem with others getting tattoos, but would never take that step herself.

"Tattoos are permanent," said Stoeher, "and I know in time I would like it less than I did before."

Nicole Klammer, a sophomore biology major from Babylon, NY, said, "I had my belly button pierced, and I consider it to be a part of me now." Ready to admit that it did hurt, Klammer said that she is glad she had it done.

According to Klammer, the piercing was a long procedure which involved having a 14-16 gauge needle being slipped under the belly-button and through the top of the skin. "The ring is actually hooked into the bottom of the needle and clamped onto the top of the skin," confirmed Klammer.

Thinking about getting a tattoo or having a body part pierced? Just remember tattoos are permanent and body piercing is painful. But be different—take a risk.

## Active student is all smiles to S.H.U. community

By Michele Herrmann  
Features Co-Editor

She always has a smile on her face as she walks by. Her daily schedule filled with activities keeps her on the go. But if a friend stands nearby, she stops to say hello and talk for a few minutes.

A close friend describes her as "tall, blonde and bubbly". Her cheerful mood, adorable looks, intelligence and happy outlook makes any stranger a friend and turns any friend into an admirer.

Annette Bosley, a sophomore from Beacon Falls, CT, stands at 5'11 with straight long blonde hair. Her light blue eyes, rosy cheeks and cute smile on her face reflect her as friendly and caring.

Like a yellow smiley face, happiness appears as part of her personality.

"It started on the first day of high school freshman year," re-



membered Annette. "I was nervous so I just kept smiling as I walked on to the school bus. People were asking me, 'why are you smiling?' I just kept on smil-

ing because everybody laughed."

Annette describes Beacon Falls, 20 minutes away, as a very peaceful, quiet town with a community that "watches out for each

other." She takes care of her vegetable garden, walks in the park or hikes in the woods with her mother, grandmother and her dog, Heidi.

Each day she took the school bus, a trip which lasted about half an hour. She could not join too many activities because of the long commute to and from school. She participated only in the Marching Band playing the flute and tenor saxophone.

Annette says she decided to go to Sacred Heart when she heard about the Marching Band.

She is happy with her choice. "I enjoy Sacred Heart tremendously. It's neat to see it expanding so fast. I love all the people I've met."

She can be more involved in a campus life. "I finally have the opportunity to in college because in high school I didn't."

Annette is a member of Campus Ministry and the Honors Club and co-hosts a radio show on

WWPT.

She volunteers time for community service as a student coordinator for Habitat for Humanity and a girl scout troop leader.

She also helps high school students at Harding in Bridgeport as a tutor.

With a double major in English and Spanish along with a minor in Media Studies, Annette is thinking about becoming a teacher. "I figured that tutoring would be a good way to decide."

Though she is a busy person, Annette makes time out for friends. Mary Kay Welch, who co-hosts a radio show with her, said, "Whenever I'm depressed I go to Annette and tell her about my problems. She helps me feel better."

With a lovely personality and an active life, is there anything that Annette would not be happy about?

"I'm too much of a perfectionist," she said.



# Oh, no how will I eat?

## Ways students satisfy their hunger

By Denise Mathews  
Co-Features Editor

Whether you're hours or minutes away from home, there is one thing many students have in common.

"When it gets to be dinner time, I really start to miss my mother's cooking," said senior Eileen Bresnan, an English major from Sherman, CT. "Her steak and potatoes are beyond compare."

Everyone is used to those special home cooked meals that are a rarity for students far away from home.

### School meal plan

With the start of college comes many responsibilities. Fending for oneself when it comes to meals is one of the challenging tasks students face.

Is there an easy solution? Many students rely on the meal plan to provide them access to three well balanced meals a day.

"I eat in the cafe," said junior

forward to going home over Thanksgiving break for the real thing."

The dining service also offers dining dollars for all students. Dining Dollars allow you to put a smaller amount of money on your meal card than required for the meal plan.

This plan is ideal for those who eat at home or cook in the residence halls but need a little something while on campus.

"I eat in the cafe sometimes," said junior psychology major Jen Fallon from Milford, CT. "My roommates and I go grocery shopping once a week, so I only use the cafe as a back-up when I'm not in the mood to cook."

Senior criminal justice major Gail Mazzucco from Oxford, CT,

### As crazy as it may seem, some enjoy preparing their own food.

said, "I'm not on the meal plan because it is too expensive, but I do eat in the cafe once a week when I have a night class."

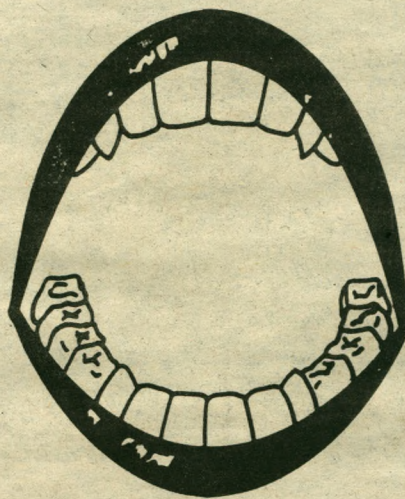
### Cook their own meals

Many resident students and commuters who do not live with their parents opt to cook their own meals.

It seems so simple. But is it? "Cooking is more than just using a stove," said commuter junior psychology major Deanna Young from Dalton, MA. "I have to go grocery shopping once a week and make sure I buy enough food for breakfast, lunch and din-

ner to last until my next trip to Edward's."

As crazy as it may seem, some



enjoy preparing their own food.

"I don't mind grocery shopping. My roommates and I usually go together," said senior social work major Lisa Capobianco from Waterbury, CT. "I like to cook and usually make enough food for my roommates to eat."

### Dining with parents

What about dining out? Most wait until their parents come to visit to do that.

"Sure I'll eat at McDonald's or Subway once in a while," said senior bio-chemistry major Alexandria Dohme from Long Branch, NJ, "but when my parents come to visit and they're paying, we eat at J.C. Hillary's or Sakura's—the expensive places."

Some of the more popular places to dine at when the family comes to visit are Ruby Tuesday's in the Trumbull Mall, the Nauti Dolphin in the Blackrock area and any of the three diners on Main

## CLUB HAPPENINGS

Compiled by Michele Herrmann

### International Club trip

The International Club is sponsoring a trip to a Wynton Marsalis concert at the Shubert Theatre in New Haven on Mon., Nov. 28 at 7 p.m. Tickets cost \$14.00 per person which include both the costs of admission and transportation. All planning to attend should arrive no later than 5:30 p.m. on Nov. 28 at the International Student Center. For more information, contact the International Student Admissions Office at 365-7614.

### Campus Ministry to prepare community for Thanksgiving

Campus Ministry is sponsoring the Annual Interfaith Thanksgiving Service on Tues., Nov. 22, in Hawley Lounge at 1:45 p.m. The organization's council is also coordinating a drive for non-perishable foods and health/personal goods to donate to the Merton House of Hospitality and Operation Hope. During the service, contributions will be presented to the Merton House and Operation Hope. For more information about donations, please contact Sr. Margaret or Rob Carroll at 371-7840.

### Psychology Club meeting

The Psychology Club is having a meeting, Tues., Nov. 22 in S205 at 1:40 p.m. Majors or nonmajors, please attend.



social work major Don Casey from Leicester, MA. "The food is good most of the time, but I am looking

Street.

All three offer fine dining, but the Nauti Dolphin seems to be the students' choice.

"I love their calzones," said sophomore history major Betty Cramer from Hamden, CT, "but since I'm on the meal plan, I only eat out when my parents come and we go to the Nauti Dolphin."

Whether you eat in the Dining Hall, cook for yourself, or live at home and are lucky to still have your meals cooked for you, it is important to eat three nutritious meals a day.

Everyone is busy, but without the proper diet, no one can function actively in a college atmosphere.

## SHU students give tips on how to deal with depression

By Theresa Hickey  
Staff Writer

Everyone has a bad day but a smile or a good night's sleep usually makes it go away. Sometimes though, this bad mood lasts for an extended period of time and begins to affect everyday behavior. Once this happens, it is no longer a bad mood, but a depression.

Depression, according to *Understanding Psychology*, a book by Robert Feldman, "is on the rise, with many more people experiencing depression now than

two generations ago."

Some signs of depression, pointed out by Feldman are: feelings of uselessness, worthlessness, loneliness, despair over the future, crying fits and disrupted sleep. These signs are usually associated with major/clinical depression which may require medical attention.

Students at the collegiate level deal with stress daily. Sometimes a person gets stuck in a state of depression and needs to know how to find the resources to help pick themselves up off the ground.

Melissa Marino, a transfer

sophomore student from New Hampshire, suggests, "removing yourself from the depressing setting and doing something fun." There are numerous activities offered here at S.H.U. which could awaken the humor in life. Melina Rincon, a nursing major from Queens, NY, offers a more solitary remedy. "I take a long, soothing bubble bath to clear my mind," said Rincon.

Two sophomore males said they go running. By concentrating on a physical activity such as this, "it allows you to focus on what you are doing. After your mind is completely clear you can

tackle the problem," commented one of these men.

Helena LaFrance, a freshman from East Freetown, Massachusetts along with a residential assistant both agree that if they take a nap they awake invigorated and ready to face the problem.

Many articles in the psychology field say that crying is very therapeutic. Other forms of release are talking to friends, sitting in a dark room while crying, or even "just listening to some relaxing music while thinking through my problems," as said by Jasmin Whalen, an undecided

first-year student from Yonkers, NY.

Another source of help is the residential assistant of any of our residence halls. In addition to an R.A., one can visit the Counseling Center located in the Administration Building past the Financial Aid office. Sister Anne Nadeau and director Deb Barton are confidential sources to go to when having problems.

Remember, everybody has bad days. Depression cases may be rising but knowing the early symptoms and some helpful remedies provides strong support.

# Happy Thanksgiving from the Spectrum!!!



# Soccer players remembered for heart

By Ben Hilinski  
Staff Writer

The regular season for the men's soccer team has come to an end. Now it is time for the team to start training over the winter and to rebuild after losing six valuable seniors.

Over the four years they have done more than just play for coach McGuigan, they have become his friends and when they leave it will be like saying good bye to a few good friends. Not everybody had the chance to become acquainted with these players though, so before they leave we'd like to pay a final tribute to the seniors, starting with Ira Turner.

Ira was the captain of the men's team and when he was out on the field he demanded respect. "Ira was probably the most experienced of all the seniors. He was very effective in the defensive end of the field and he was the kind of player to build a defense around," said McGuigan when asked about his senior captain.

Surrounding Turner on defense were two other seniors, Dinis



Gomes and Lloyd Scott. Both were very talented and had many skills that they brought on to the field. While both had the ability to become scores they were most effective when playing out of the back. Unfortunately during this season Gomes was plagued with injuries and was unable to play in

several games where his presence was sorely missed.

The other three seniors were all purpose players who played in both the midfield as well as the forward position. Paul Dopilka, Martin Pineda and Fernando Fernandes were all highly talented and played with a passion.

Dopilka played in the defense at times because of the injuries of this year. Dopilka had been around the SHU program a long time. He first met McGuigan in a summer league that he played in during high school. His work ethic and attitude have helped him to develop into a great college soccer

player.

Martin Pineda who could always be found laughing and joking around with his teammates was a wonderful presence to have on the team, on and off the field. On the field he was highly skilled and used mostly as a midfielder but was very effective when he was called upon to be a striker, as he showed in the last game of the season against Franklin Pierce.

Last but definitely not least is Fernando Fernandes. Fernando was a player that overcame adversity in order to raise the level of play of both his team and himself. Plagued by injuries including one that almost ended his soccer career in his first year at SHU, Fernandes was one who played as hard as he could. "On the field, Fernando had a love and a passion for the game that you could just feel," remarked McGuigan in a recent interview.

Next year's crew will only have one senior as a very young nucleus returns in the fall. "It's wide open and I'm looking for people to step in and take over," McGuigan replied about next year's team.

## Athletic trainer seems to do just about everything

By Kathy Bump  
Contributing Writer

Do you ever wonder about those people who seem to do everything? The ones who are always coming from somewhere on their way to someplace else?

When I think of those types of people, a woman comes to mind. Christina Lounge. I finally found Christina one morning walking off the field after football practice. She was wearing a teal blue warm-up suit and her Nikes. Her shoulder length curly brown hair bounced as she walked toward me with a smile.

As some players ran by, she looked at them and said, "Good job, guys!" You see, Chris (as she likes to be called), is a student athletic trainer for Sacred Heart's football team, and that is just the start of her involvements.

A junior general studies major from Staten Island, N.Y., Chris is working towards concentrations in business administration and athletic training.

Where does she hope to go with this? Chris stressed graduate school. "I really want to be a graduate assistant in an athletic training department," said Chris.

"My ultimate goal is to work at a university as a full-time athletic trainer," she added.

Not only does Chris like training for sports, she also enjoys playing.

"Basketball was my first love," confided Chris. "I have been playing since third grade."

Chris' interest in sports has grown since she began student training. At her high school, Moore Catholic, Staten Island, N.Y., they didn't have a football team and now Chris enjoys training S.H.U.'s football team.

"I had never really seen a football game before I came to S.H.U.," stated Chris, "and now that I have to pay close attention to them, I find myself getting so involved." She added, "We have a great bunch of guys on our team."

With all of her involvement in athletic training here at S.H.U., it is a wonder she manages to find time for other responsibilities. Chris is a resident assistant at Jefferson Hill and said that this position helps her succeed in organizing her schedule.

"I always have to know what needs to get done," said Chris, "You never know when something will come up."

She waved her daily planner in the air and then held it close to her.

"And something always does!" She added with a smile.

Chris stated she enjoys being a R.A., "on a good day!" Then she said, "My favorite part of the job is interacting with the residents."

But what else does she do you ask? Chris is the secretary of the Sports Medicine club, a junior mentor for the class of 98, and president of The Student Ambassadors (inactive until fall 95).

"Sometimes I do get stressed," admitted Chris. "But it's always easy to find someone to

## Women's hoops out to prove that polls are wrong

By Megan Keefe  
Contributing Writer

It's that time of year again. Collegé gyms across the country are filled with sounds of whistles blowing, sneakers squeaking, coaches hollering, athletes shouting and basketballs bouncing on the hardwood floor. So move over, fall sports, basketball season has arrived.

On Sunday Nov. 20th, the lady hoopsters open their season against Assumption College in Worcester, Mass. For some, this may seem like an early start, but for the players and coaches, preseason has lasted an eternity.

"We've been working out with Matty Melisi for two months and practicing for almost four weeks," said junior Kim McCullion, a psychology major from Nashua, N.H. "We're ready to play."

Last year's "rebuilding" team finished 12-15 overall and placed fifth in the NECC conference with an 8-8 record. Not bad for a team that lost four senior starters the previous year. Leading the way was senior Julie Barrett from Manchester, N.H. (13.4 ppg, 8.3 rpg).

In the preseason coaches' poll, the lady Pioneers were picked to finish seventh overall,

while the University of Lowell, the University of Bridgeport and Franklin Pierce were picked 1-2-3. With only nine teams in the conference, this not only shocked but angered the team and should prove to be strong motivation for the players to do well.

"Preseason polls don't mean anything. We will just have to go out and show the opposing coaches that we are good, and point to the scoreboard when we leave the gym winners," said senior Patty Dillon, an English major from Dumont, N.J.

Despite the polls, fifth year head coach Ed Swanson feels optimistic, knowing that this team holds four key elements for success.

"Experience, depth, attitude and quickness," added Swanson. "That's what we have gained. Last year we had a lot of talent, but lacked the experience. This year we have experience and depth, so we should be able to run teams off of the court."

The returning point guards for SHU are Patty Dillon (5.6 ppg, 65 assists), Sarah Solinsky, a senior from Marion, Ind. (5.4 ppg, 69 assists), and sophomore Beth Huber from Southington, CT. (5.1 ppg, 44 assists).

The remaining returnees include senior forward Theresa Defilippo from Bridgeport (5.3

ppg), junior forward Kim McCullion from Nashua, N.H. (10.3 ppg, 7.3 rpg), junior center Denise Schatz from Rego Park, N.Y. (5.6 ppg), and junior guards Megan Keefe from New Hartford, CT. (9.4 ppg, 58 assists) and Lynn Doody from Delmar, N.Y. Sophomores include guards Leanne Lumbr from Enosburg Falls, VT, Hollie Quinn from Pawtucket, R.I. and Kristen Brown from North Scituate, R.I.

The newcomers include freshman guard Chrissie Perkins from Waterford, CT., freshman forward Maureen Delaney from Portland, ME., freshman guard Jessie Brosseau from Essex Junction, VT., freshman guard Jessica Clark from Calais, ME, freshman forward Kelly Lague from West Warwick, R.I. and sophomore center Sharon Lawrence from Shelton, CT., a transfer from Keene St.

The three seniors realize this year warrants their last opportunity for success in collegiate basketball, and they refuse to take the season lightly.

"This is my last year and I want to win. We have everything it takes to be a very good team and I think we will prove a lot of people wrong," said Theresa Defilippo.

talk to. Along with my roomies, I can always turn to my friend, Ru," she said. "She's a sweetheart!"

What does Chris do with her free time?

"What free time!?" laughed Chris as she waved her date book again. "No really, I enjoy watching movies," she said. And with

excitement she added, "Willy Wanka and the Chocolate Factory is my favorite!"

Chris is excited about the growing programs here at S.H.U., and is a member of the second class enrolled in the full athletic training program.

"I think Mike Wield is lead-

ing this program to success," stated Chris. "I wish him all the luck."

Looking at her watch and apologizing, Chris said, "I'm sorry but I have to go to lab."

She was leaving one thing on her way to another. And it is safe to assume that that would be going on all day.



Upset about strikes and lockouts? Forget about them, come out and watch the Pioneers.

	Thurs.	Fri.	Sat.	Sun.	Mon.	Tues.	Wed.
Crew				at Wesport			
Men's Ice Hockey			Villanova 7pm			at Trinity 7:30 pm	
Men's Basketball		at New Haven Coliseum	at New Haven Coliseum		Bentley 8pm		
Women's Basketball				at Assumptin 2pm		Quinnipac 6pm	
Men's Volleyball							

Icemen:looking for win

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tial. They seem to be passing the puck a lot more, but what they really need to do is take more shots on goal.

Last night, SHU played at Wentworth and on Saturday, they meet up with Villanova at the Milford Ice Pavillion. Last year, Sacred Heart lost to Villanova, who is placed 4th in the ECAC

South. On Tuesday, 11/22, SHU plays Trinity. Last year, Coach Downey commented that Trinity was probably the biggest highlight of the season. He said, "They played with more intensity and emotion than any game, including Fairfield." Hopefully, the Pioneers will bring that fire on the ice again.

There is a bus going to the game Saturday night. Sign up in Activities today! \$1.00 to reserve a seat.

Equestrian team finishes up strong

By Clare Cardo  
Staff Writer

Once again the Sacred Heart equestrian team did a wonderful job this weekend. Sunday marked the end of the fall semester at a show hosted by Hofstra University. The competition took place on the C.W. Post Campus.

Megan Conners was the outstanding rider for the day. She placed first in her beginner walk/trot class. For the second weekend in a row, Chrissy Lariccia placed second in her flat class. Nicole Klammer placed sixth in her fences class, but made great improvement in her flat class by placing second.

Helen Hanning, Shelly Lyford and Amy Spaulding all placed third in their flat classes. Lyford placed out of the beginner walk/trot/canter class and will be moved up to the advanced division. Alexandra Heebner also brought home a ribbon by placing fourth in her novice class.

The riders will continue to practice for the rest of the semester, however the competitions will not resume until next semester. The team has made outstanding improvements in their showing techniques. There is a great chance that many riders will be making the trip to regionals at the end of this year.

Catch  
Zig and Mac  
Fridays at 2pm  
on 90.3 WWPT

Kmiec more than just a jock

By Flora Goodloe  
Staff Writer

Who ever said sports and academics didn't mix?

Mike Kmiec, entering his fourth season of basketball with the SHU Pioneers, consistently excels in both.

From Lynn, Massachusetts, Mike maintains a GPA above 3.6 while breaking records shooting for the Pioneers. Mike hopes to lead the Pioneers to a 1995 NCAA bid.

Quiet spoken yet, outgoing, the laid back and relaxed, 5 foot, 9 inch senior guard is a jogging suit type person. "I'm more concerned about other things in life than how I dress," he said. "I feel comfortable in sweat pants."

The Pioneers play their first season game Nov. 18, against Quinnipiac College at the New Haven Coliseum.

"We've been working hard for the pre season, hoping to play

a successful season," said this year's team captain. "We'll continue to work hard."

Mike holds the 3-point field goal percentage hits record of 6 out of 7 and tied records of Darien Robinson and Vince Howard for the number of 3-pointers in a game.

The criminal justice major also triumphed in high school basketball. His team, Lynn Classical, advanced to the state championships four years in a row.

Former Celtics forward Larry Bird influenced Mike's interest in basketball. "Growing up, he was the big star back home in Boston," Mike reminisces. "As kids we tried to emulate his plays."

Mike finds time between studies and basketball for extra-curricular activities. As a Classroom Learning Assistant for criminal justice, Mike tutors students taking the CJ 101 course.

"I enjoy the CLA work a lot," said Mike. "It involves helping someone else, but, I think it helps me because I learn something as

well."

Keeping in shape is important to Mike, and he lifts weights for fitness. He also holds the office of Vice President of the Student Athlete Council while serving as President of the Criminal Justice Club.

The men's Basketball Coach, Dave Bike considers Mike a great team leader. "His personality and work ethics have rubbed off on the team," Bike said. "The team works hard and Mike has had a direct effect the other players."

"Mike is definitely a leader," said teammate Mike Hvizdo. "That describes him best," he added. "He gives 100% to everything he does," said another teammate, Joe Doyle.

Summer before last found Mike playing basketball in Greece. He was one of twelve Americans selected to play against Greek professional teams. He smiled as he spoke. "It was a wonderful experience," he said. "Touring Greece was a also fun.

Solinsky is more than just a basketball player  
Women's basketball captain keeps sports in perspective

By Jean Lauro  
Contributing Writer

The women's basketball captain does it all. Not only does the young athlete from Indiana play basketball, she also excels in softball and manages to maintain excellent grades in school.

Sarah Solinsky, a 22 year old senior, majoring in finance, is a pro at juggling her college sports career and a full load of classes.

Solinsky, from Marion, Indiana, transferred from University of Bridgeport a few years ago, after the university cut finances in its athletic program.

Solinsky while taking a few moments to relax in Chubby's, discusses her college sports career.

"I came here for basketball,

and Sacred Heart offers one of the better programs," explains Solinsky in her polite Midwestern accent.

"The team is blessed with great coaches. I'm really excited about this season," says the sandy haired athlete, as she leans back in her chair.

Sarah claims, "this is the best year in the 3 years I've been here."

The Pioneers faced a scrimmage game with the Irish National team last night in the Sacred Heart gymnasium.

"Attitude wise, it's the best and hardest working team, and that is what is going to carry us," adds Solinsky with a smile.

But Solinsky's proudest achievement of her college years wasn't in basketball.

"My biggest highlight was playing All American Softball,"

she says.

Sarah, who has been playing basketball and softball since her grammar school days, says she can't choose a favorite between the two sports.

"Basketball has always been a part of my life. It's part of me"

"I love both sports for different reasons," claims Solinsky.

"Basketball has always been a part of my life. It's part of me," she continues. "Softball was something I shared with my dad,

so it's special to me."

This past season Solinsky hit 8 home runs and batted a hefty 455.

Solinsky's most memorable game moment took place almost two years ago during a regional competition, when she smashed a three run homer.

"It was my dad's birthday and it was also the first time he got to see me play college ball," recalls Solinsky proudly.

The senior who hopes to be a financial consultant someday has found that her efforts in sports have helped her grades in school.

"I think my grades are better because I'm forced to budget my time," she says.

Solinsky who maintains a 3.3 GPA, does most of her studying in the gym. "I feel comfortable there, and there are no interruptions,"

she says.

Sarah's boyfriend, Matt Bronson, a junior and media studies major at Sacred Heart, competes with her busy schedule.

"I'm behind her all the way in whatever she wants," says Bronson.

Next spring, Sarah is taking on six classes in addition to her busy practice schedule. "Sports are a definitely an outlet for stress. It's like an escape for me," sighs a relaxed Solinsky dressed in sweats.

Not only has sports been a positive boost for her grades, it has also helped Sarah get ahead.

"I saw sports as an option to finance school," explains Solinsky.

Solinsky's efforts in softball have led to aid for graduate school. "It's really great how it worked out," she says.



# Spectrum Sports

S A C R E D H E A R T U N I V E R S I T Y P I O N E E R S

## Kelly airs out season ending victory

By Keith Zingler  
Sports Editor

Four years ago eight teenagers boarded a bus for a 14 hour drive, only to begin their college careers with a lost. Last Saturday eight men boarded a bus to end their college careers with a win.

Saturday the Pioneers defeated Pace University 20-6 to end their season with a win for the second year in a row. Freshman quarterback Chris Kelly led the Pioneers with two touchdown passes in the second half. Kelly broke his own passing record throwing for 260 yards. Ray Sizensky was on the receiving end of 136 of those record setting 260 yards.

The defense once again played spectacularly, allowing only 211 total yards. Led by seniors Bill Johnston and Russ Greenburg they kept Pace in check the whole game. Mark MacPherson recorded his third interception of the season, tying him for the team lead along with Marc

Scacciaferro and Rob Stopkoski. Greenburg also added another sack to his record setting collection.

Scacciaferro scored his first career touchdown in the first quarter, with a 1 yard run. "I was joking around on Zig and Mac's radio show about scoring a touchdown and the next thing I know I'm standing in the endzone Saturday," said Scacciaferro. "It was a moment I will never forget for the rest of my life."

While the day might have been for the seniors it belonged to Kelly. He not only broke the school passing record, he also was the team's leading rusher with 69 yards on 14 carries. Kelly also hit James Markwica for a 74 yard touchdown pass in the third quarter, the longest of the season.

Jim Gibbons and Mark Zuccarella, played along side each other for the last time Saturday. For the ninth time this season they went out and played as hard as they could for four quarters. The Pioneer's will greatly miss these two warriors, who quitey contributed week in and week out.



Quarterback Chris Kelly (18) hands the ball off to James Markwica (5) last Saturday afternoon at Pace University. The Pioneers won their last game of the season 20-6. Photo by Chris Nicholson

Both players are known for getting the job done and for not making excuses when things go wrong. The eight seniors left the field

as winners Saturday, something we knew they were all along.

"I'm proud of all the guys that stuck with the program. They

have been through the good times as well as the bad times," commented coach Gary Reho, "I'm glad they went out as winners."

## Hockey starts off 0-3



Iceman Doug Sylvester (16) moves the puck in last Saturday's 5-0 loss to Skidmore College. Trailing him are Eric Gibson (14) and Skidmore's Cory Herrington. Photo by Chris Nicholson

By Kerri Anne Mahoney  
Staff Writer

Once again, the SHU hockey team suffered on the ice this weekend. The team lost both their games, leaving their record, thus far, 0-3.

Friday night the team journeyed up to Worcester to match up with Holy Cross. The final score was 8-1. Goalie Art

DeGaetano had 36 saves, and Holy Cross' two goalies, combined had 8. Holy Cross had a really good game, with one player scoring three goals and having three assists. Sacred Heart's one goal was scored by Jason Cyr, and assisted by Darren Mawdsley at 16:40 in the second period.

The next night, SHU played Skidmore. Skidmore is picked to come in first in the ECAC South this season. The Pioneers lost 5-0,

but the team certainly played better than they had their two previous games, they just could not get the puck in the net. Goalie Bill Sawyer had 22 saves, while Skidmore's goalie, Ernst, had 13.

As each game passes along, SHU has improved, but they still are not playing up to their poten-

See Icemen page 19

## Crew winter season comes to end Sunday

By Jonathan McCarthy  
Associate Editor

On Saturday Nov. 12, both the men's and ladies crew traveled to Glen island Park to compete in the Iona College Regatta. This regatta, which marks the end of the major winter season for most schools, featured most of the top crew in the area.

The mens' eight man boat, which featured Rob Pinkas, Stephen Doyle, Ed Page, Brent Butler, Tom Wilson, Justin Rivera, Brian Doyle, Jon McCarthy and coxswain Mario Donini, raced in the novice division. The boat finished a strong third place, losing by a boat length to SUNY Maritime and by only feet to NYU. The men defeated the likes of Fairfield, Iona, Manhattan College as well as Kings Point Merchant Marine Academy in capturing the bronze.

The women took the water in the novice four competition. The boat which included stroke Martha Burke, Jen Beresh, Shelly Lyford and Ruby Robletto. Their division featured Sarah Lawrence College, one of the most powerful women's crew in the east as well as NYU, Manhattan and Iona. The lady Pioneers took fifth, in a very close battle between the seven schools entered in the division.

Both boats were very excited as was coach Jen Crawford who believes that the program has made remarkable strides in the past two months.

The winter season come to an official end this Sunday in Westport when the Sacred Heart crew takes on Norwalk and Fairfield on the Saugatuck river. This is the last winter race for the oarsmen and women until late next semester so be sure to come show your support.

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